

LEGACY TIMES



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Patron: The Honourable Kim Beazley
AC, Governor of Western Australia



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President's Address



Matt Granger

Welcome to the Winter 2021 edition of the Legacy Times. I hope this newsletter finds you all well as we narrowly escape the throes of COVID lockdown occurring across Australia. On the positive, I hope you are all enjoying coverage of the Olympic Games where we are seeing some fine performances from our superstar Aussies.

To Legacy fundraising, this year has been another difficult one, with the ANZAC appeal being hampered

slightly due to COVID lockdown restrictions. Our street appeal was reduced to the early part of the day, then collections at the Western Force game were cut short. Despite this, many of our Legatees and Volunteers were out and about.

An addition to this year's fundraising events has been the two quiz nights held. Combined, the two functions raised close to \$20,000 and I'd like to thank our staff and volunteers for their efforts on your behalf again.

Pleasingly, the number of community fundraisers have increased and our CEO Vivian Blycha, her husband Greg and I accepted the invitation to play at the Lake Karrinyup Country Club for their annual Legacy golfing fundraiser. The weather threatened to severely disrupt the 18 holes, but fortunately held off until we were all in the

clubhouse. I am pleased to inform you that through a combination of raffles, door prizes and donations the team were able to raise very close to \$32,000 for the day.

Many of you may not be aware that there is a small contingent of very dedicated individuals residing in Narrogin, who work hard to raise

funds for Legacy beneficiaries and who support those in their local community. The Narrogin group held their annual golf game a few weekends ago, at which L/Dave Jones flew the flag for the metro Legatees. Thank you, Dave, for stepping up and thanks again to the team in Narrogin.

Building relationships to support Legacy beneficiaries better.

As many of you know, Legacy WA is supported mainly by donations from the public, sponsorships from companies and generous bequests from individuals or estates. We are operating in a crowded space with a large number of smaller organisations working to support Veterans and their families. As the number of organisations grows in WA, it is imperative that we continue to strive to uphold the good name of Legacy and provide appropriately

for the our beneficiaries now and into the future. One way of doing this is to partner with other like organisations for the betterment of beneficiaries.

One of the partnerships Legacy is exploring is with RSLWA. The Board members of each organisation have met to discuss a proposal to hold a joint fundraising and marketing event later in the year. President Peter Aspinall AM and I have agreed in principle to the concept and have

committed our CEO's and fundraising teams to work together to develop a plan for our respective Boards to consider. While still in its infancy I am looking forward to receiving the proposal and, hopefully, to take it forward.

I wish you all the very best during this winter period and look forward to meeting many of you as the year progresses.

Legatee Matthew Granger





CEO's Address

Vivian Blycha



I hope you enjoy this edition of the Legacy Times. It allows us to showcase stories about and from the wonderful Legacy family, connecting and supporting one another for life. The individuals and families we are privileged to support come from a range of backgrounds and communities, but share common experiences which make these networks so impactful.

A significant part of what we do at Legacy is to advocate on behalf of Veterans families, to help drive positive change in government policy.

The Department of Veterans Affairs (DVA) recently shared their draft Veteran Family Strategy, outlining their future focus areas which in summary include:

- To know and understand families and their needs better.
- To connect and communicate with the diverse range of families.
- Continue to refine support services and the delivery of these services.
- Publicly recognise the role families have to play in support of members of the ADF during service, transition and for life.

Legacy works to ensure that DVA delivers on its strategy and we are always seeking feedback from our families to shape the information we pass to executive levels in government and directly to organisations such as DVA.

Throughout the year, we will continue to offer opportunities for our families to share concerns, suggestions and experiences with us, either through your Legatee, face to face focus groups or simply by communicating directly to feedback@legacywa.com.au.

With the middle of the year upon us, there is work underway to prepare events and activities for the remainder of the year. The annual Christmas Jingle events are always such a huge success and I know regular participants look forward to meeting up with friends. We have been very fortunate to strike a partnership with the City of Stirling and City of Mandurah, who will this year, host these events at their fabulous council venues.

Of course, the planning has commenced in preparation for the annual children's camp in Busselton. We are eager to see the return of our

Eastern States children as well as the few who travel all the way from New Zealand. Their stories and friendship inspire us all and keep our minds focused on why Legacy exists.

Finally, we will host an inaugural Fourth Generation family event. Fourth Generation or '4G' is a term that describes those families whose linked Veteran served post 1991. Legacy WA is beginning to see more of these families as they transition from the Australian Defence Forces after many years of service, with physical or mental injuries. The 4G family event is designed to welcome this group to Legacy formally, so they may build relationships with other likeminded families – as is the Legacy way.





Erin and Jacinta Posik

Erin Posik became part of the Legacy family in 2018 when her husband, 'Moose' Posik passed away unexpectedly after a heart attack. Along with her two children Jacinta and Luke who were 16 and 14 at the time of their dad's passing, the family were forced to come to terms with their new reality. In the initial weeks following her husband's death, Legacy provided pension advice to Erin ensuring that she received ongoing financial support from DVA to support her family. Since then, Legacy has provided the family with financial support for Jacinta and Luke's schooling and other unexpected expenses.

Jacinta is an up and coming artist and Erin has worked hard to prioritise support for Jacinta in developing her skills and fostering her passion. The financial support received from Legacy meant that Erin could

continue financing Jacinta's private art lessons, alleviating a significant burden for Erin who described the moment she found out she would receive financial support from Legacy as a "huge relief." Moreover, Legacy provided Erin; Jacinta and Luke with family and individual counselling as they walked through the healing process.



In the months following Moose's passing, the Daisies Laurel Club reached out to Erin to offer their support. Erin described the Daisies as a "supportive group, many of a similar age, many with kids so they just 'know' how you are and what you are dealing with now. We try and catch up monthly either with or without kids to maintain our social connections and offer each other support." Erin is now on the Daisies committee!

For the second time in two years, on Wednesday 12 May 2021, Jacinta was awarded the Youth Award at the City of Rockingham Art Awards. She created her winning art piece in the year following her father's death whilst she was in Year 12. She described this artwork as her favourite out of all the work she has done and said that it was "heartwarming" that other people

also saw her artwork as special. In her artist statement she wrote "embracing the connection we have with our dad, the translucency in his face is symbolic of the fragility of life and the constant presence he's maintained since his passing. Concern washes over his face as we undertake our daily lives. Overlapping portraits in the same layer connects dad's influence, shaping the individuals that we are today." In response to her artwork, the judges at the City of Rockingham commented "this work reveals intimate connections between parent and child. It is emotionally powerful and thoughtfully presented, documenting a time of loss and reflection for the artist. Technically it is very competent and demonstrates a high level of sophistication in the handling of the medium."

Jacinta's dad was one of her biggest supporters in her work as an artist and Erin described how incredibly proud he would have been of Jacinta's achievements.

In response to Jacinta's art award, Erin expressed her gratitude to Legacy. She stated "I wanted to say thank you for the support Legacy has provided our family since my husband passed away unexpectedly. The assistance we received allowed Jacinta to continue on and have private lessons in her art. This enabled her to continue to develop her skills, develop her confidence and aid her to go on and study at uni. The art lessons were also a big part of the grief and healing process. This support from Legacy meant that I didn't have to stop them or find where I could budget for them as we adjusted to the financial implications."

Now 18 years old, Jacinta is studying Fine Arts at university and works part time in a café where she also teaches art lessons to children between the ages of 10 and 14. She continues to enjoy creating art and she spoke about how her brother Luke is her favourite person to paint. Erin, Jacinta and Luke are very close as a family and Erin described how Jacinta and Luke have leaned on each other throughout the grieving process and as a result are closer than ever.

Youth Category

Jacinta Posik has created a work that is more than clever and well made. It's a work that sees aspects of self and family in a way that brings us towards each other, describing life-long connections. She says: "Embracing the connection we have with our dad, the translucency in his face is symbolic of the fragility of life and the constant presence he's maintained since his passing. An element of concern washes over his face showing the connection he holds as we undertake our daily lives."

Jacinta Posik
A Father's Presence (Detail)
 Oil on canvas – diptych
 NFS





Patricia 'Mick' Garnsworthy

Unlike many other British children who grow up in the years before Patricia 'Mick' Garnsworthy was born and could freely explore the world around them, Mick was four years old when WWII broke out and her father

was called up to serve in the British Army. After he came home from Dunkirk, Mick's father was stationed in various places across England and Mick and her mother travelled with him, living in army billets.

Over this time, they lived on a dairy farm, in a house in Lincolnshire and in a small town in Nottinghamshire where Mick became very close with the couple living there, whom she called Nanny and Pop. During their time in Lincolnshire, Mick contracted Scarlet Fever and was forced to stay in an isolation hospital for six weeks. When her mother visited, she had to stay outside and talk to Mick through the glass. Mick's father was then stationed in North Africa, so Mick and her mother moved to London. Shortly after arriving, they spent several nights in a public shelter as the city was bombed.

Mick attended a Grammar School in England and after finishing school, she decided she wanted to work in gardening. At the age of 17, she was part of a group that gardened for the hospitals, and she enjoyed the tasks involved which included lawn mowing,

bedding plants, and keeping the gardens tidy for the public to enjoy. Mick talked about how everyone would shriek with horror when they saw corpses from the hospital going off to the morgue!

For about a year, Mick worked in a market garden in Essex where they produced vegetables, flowers and eggs and sold them to the locals. Following this, she spent two years studying horticulture at Studley College in Warwickshire.

At 22, Mick married her husband – Ron, and two years later gave birth to their daughter Jane. The family then moved to Australia, lived in Sydney for a year and then settled in Perth. The cat 'Mixie' also came along with the family. Mick described the cat as very 'special' and talked about how she would follow her and her daughter on their walks to the local playground.

A few years later Mick met her future husband John and the couple fell in love. Ron and Mick separated and together, Mick and John purchased an orchard in Lower Chittering. Mick loved being able to garden and she loved the incredible view from the property. She spoke very highly of her husband John and greatly admired him.

When Mick's daughter married, she adopted a baby named Matthew who had a physical disability. Mick still visits Matthew regularly in his home. Sadly, Jane passed away five years ago after being diagnosed with cancer.

Mick now lives in Rockingham and enjoys attending the Rockingham Laurel Club events. She also attends life writing classes and a book club once a week at the Trinity School for Seniors.

Below is a piece written by Mick at her life writing class:

Do you know that poem about remembering the house where you were born? Well, I wasn't born in a house but in a hospital in Hackney, London. I believe that makes me a Cockney. The house I lived in after my birth I remember in some detail: a front room which had the good furniture and wasn't used on a daily basis, a kitchen and scullery, and two bedrooms and a bathroom upstairs. I was nearly one year old when my parents decided to put up the Christmas decorations in the front room as a surprise. You can imagine what happened! Their pride and joy took one look and burst into tears.

I lived in that house for four years until war broke out and we had to leave. My memories are of a quiet suburb, the smell of coal fires, horse manure because the coal was delivered by horse and cart, as was milk, and then there was the rag and bone man with his horse and cart. I would ride my trike down to the shops and collect my comic, "Chicks Own". It had the words separated so that a four year old could sound them out.

When I think back a feeling of warmth and security comes over me, probably because after that time my mother and I spent years living in other people's homes in army billets.



Rob Fittock

Rob joined the RSL to honour his grandfather's WWI service and his mother and father's service in WWII.

During this time, he learned of Legacy and joined Fremantle Legacy in 2016. He is now dedicated to supporting the Families of Veterans in his community.

Rob is one of Legacy's most involved and committed Legatees. He is actively engaged with assisting at the numerous Legacy Widow's Camps throughout the year as well as the annual Children's Camp which occurs every January. Rob also generously gives his time during Legacy's fundraising campaigns.

In his role as the Legatee for Legacy's Fremantle Laurel Club, Rob enjoys joining the ladies for their fortnightly meetings and putting a smile on their faces. It is rewarding for him to be able to support Legacy's Beneficiaries when the worst happens. He also finds it reassuring to know that his mum would have been looked after by Legacy if she was still alive today.

As well as his dedication to supporting Legacy's Beneficiaries, Rob is also an active member of the Legacy Club and enjoys the 'comradery' of socialising with other Legatees.

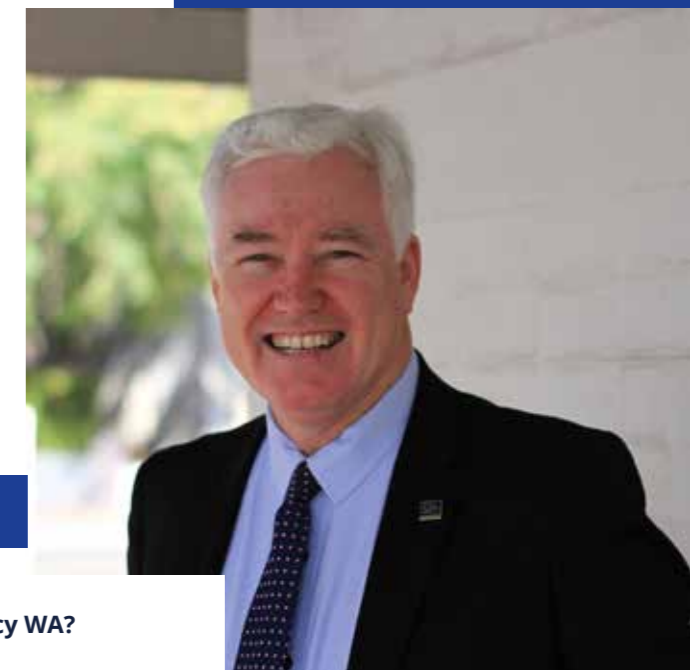
He is passionate about supporting Legacy's Beneficiaries in their time of need and doing everything he can to help Families when the worst happens. Thank you Rob for everything you do!





What's been happening at Legacy House?

Meet our new Business Services Manager!



1. What is your job title and role as a staff member at Legacy WA?

I commenced with Legacy WA mid-May as Business Services Manager which supports the 'business' needs of Legacy in its many varied forms, from accounting to information technology to human resources, governance, risk management, administration, safety and training. By profession I'm a management accountant with experience as a local government CEO, company secretary

and director and I worked with Australia Post for 25 years as a postal manager and commercial analyst working in metropolitan, country and interstate locations. This has seen me be a part of many projects as well as leading small and large teams working in the community, with business and with all levels of government.

2. Why did you choose to work at Legacy and what part of the job are you most looking forward to?

Much of my business career has involved general management so the variety of work within a small team is attractive to me. I'm also a great believer in service and purpose and the commitment of staff made an impression on me. Previous experience in the not for profit sector

has made me aware of some of the challenges in service delivery and compliance and I hope I can offer some skills that support Legacy in those areas. I'm looking forward to adding value and seeing my colleagues succeed.

3. What do you like to do on the weekends/in your spare time?

I enjoy sharing our garden and meals with my wife Jenny and catching up with our three daughters, family and friends. I have two old cars which I own just for the intellectual challenge, although I am a car club member and go to car shows when I can.

I like to learn so can usually be seen reading, writing or researching almost any subject. I also read for pleasure and listen to music most people haven't heard of and try not to have a lot of spare time.



Congratulation Jerry Mathias!

We would like to say a big congratulations to our incredible intern Jerry who was one of nine students shortlisted for the Intern of the Year Award with the McCusker Centre for Citizenship! Jerry completed his internship with Legacy between August and November 2020 with the awards ceremony held in March this year. Jerry continues to

volunteer his time with Legacy WA and always makes himself available to support the Legacy team at major fundraisers.

Thank you Jerry for your hard-work and dedication to Legacy. We still think you should have won the award!



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Legacy's street appeal in the CBD on Friday 23rd April was a great success with over \$125,000 raised for Legacy. Thank you to everyone who donated and volunteered their time to fundraise! It was fantastic to have Army, Navy and Airforce personnel as well as players from the Western Force selling merchandise and collecting donations.

The announcement of the lockdown of the Perth and Peel regions on Friday 23rd of April, unfortunately resulted in the cancellation of many of Legacy's ANZAC events. Whilst Legacy's street appeal, Friday shopping centre collections and fundraising efforts at the Western Force Rugby game did proceed the ANZAC Day march, Gallipoli Run, Saturday collection shopping centre collections as well as numerous other fundraising efforts were cancelled. The lockdown also meant that our service personnel were unable to join us at the Western Force game.



Thank you to our community who helped Legacy WA this ANZAC Day. Another big thank you to all our community groups who assisted with fundraising for Legacy including the Albany and Denmark Legacy group who raised \$1468.20.

Although ANZAC Day ceremonies were cancelled, it was fantastic to see many people paying their respects to our ANZAC's on their driveways. We also loved seeing our community using their Legacy torches.

It is unfortunate and disappointing that all ANZAC commemorations over the last two years now have been forced to cancel. Nevertheless, we are looking forward to next year's ANZAC commemorations.



ANZAC Day



Trivia Night

In March and again in May, Legacy WA hosted two Legacy Trivia Nights. Fun was had on both nights with raffles, auctions and games as well as trivia contributing to the excitement of the events whilst also raising money for Legacy. The auction and raffle prizes included a signed Glenn Jackovich South Fremantle guernsey from the 1989 season, a guitar signed by Kevin Bloody Wilson, and a trip to the Pullman Bay resort in Bremer Bay! Thank you to Glenn Jakovich and Kevin Bloody Wilson for their donations.



Congratulations to both team winners and we hope you enjoy your trip down to the Legacy Busselton Camp!

A big thank you to our sponsors for the evenings – FTP Solutions, Defence Health, Alkoomi Wines, Good Drinks, Claremont Football Club, Lake Karrinyup Country Club, Fenians Irish Pub, Segway Tours, Empire Bar, Sealink, Wanneroo Botanical Golf, Bunnings, Gro Agencies, the Sandbar, Adventure World, Scarborough Sportsman Club, Main Roads, Limeburners, Bullet Glass company, Perth Wildcats the West Coast Eagles, Western Force and the Pullman

Bunker Bay Resort. We would also like to thank Bob Hunter, Matt Storer, Chris Shin, Cameron McLaren, L/ Peter Heeney, L/Peter Emmett, Tyler Eisenhower and Jerry Mathias for donating their time and expertise to help make the events a success.

The Trivia Nights raised a combined total of \$18,000 for Legacy WA.

Please listen out for more details on our next fundraising event coming up in October....

The Legacy WA Musical Bingo!



International Women's Day Breakfast



International Women's Day is an important date on the Legacy calendar where we take the time to recognise the significant contribution made by women within Legacy in supporting the Families of Veterans. We also commemorate and show our appreciation for the strength and courage Legacy's Beneficiaries display in times of loss, trauma and sadness.



Legacy's International Women's Day breakfast was an excellent opportunity to discuss the prevalent issues impacting women today and how we can continue working towards a more inclusive society where the unique challenges experienced by women are realised and are ultimately amended.



In commemoration of International Women's Day 2021, on Thursday 11 March Legacy WA hosted a breakfast at the Cottesloe Beach Hotel. We were thrilled to have Bronwyn Barnes as our keynote speaker for the event. Bronwyn as well as our panel speakers Suzanne Ardagh and Natasha Blycha, were inspiring and full of wisdom. The topics discussed

included how women can move to senior positions in the workplace, how to succeed in a male dominated workplace and how to find the right mentor.

Guests also enjoyed a scrumptious breakfast overlooking a beautiful morning at Cottesloe Beach. Thank you to everyone who supported Legacy and attended the event!



Militaria Auction

Legacy's 51st Militaria Auction on Sunday 14th March raised \$8515.50 for Legacy WA. Thank you to everyone who helped make the auction a success!



History of the Militaria Auctions



Vietnam Veteran John Burrige and former Legacy Ward Margaret Burrige have played an integral role in establishing the Legacy Militaria Auctions. John is a Legatee and Margaret is a Companion and are both incredibly passionate about Legacy and the important work we do to support the Families of Veterans. The Legacy Militaria Auctions have run twice a year, every year since 1995 and are a highlight on the Legacy calendar. I had the opportunity to sit down with John and Margaret Burrige to talk about the history of the auctions.

The idea of creating a Legacy Militaria Auction came to John when a Legacy Widow was looking to sell a series of Japanese Swords. As John owns a military antique shop in Swanbourne and is heavily involved in the industry, he thought it would be unfair to purchase the swords without any competition from other Legatees and members of the community. From this, he decided to establish an auction where everybody had the opportunity to bid for the swords. As the auctions grew, more and more Widows wished to auction off military antiques. Eventually, collectors and outside vendors also contributed to the auction items.



For many years, the auctions took place in the dining hall at the old Legacy House in South Perth. As the dining hall was also used by Laurel Groups and needed for other Beneficiary events, the auction team needed to pack up all the auction items at night and then unpack them every morning. Margaret and John explained how this process would take up to 4 hours and it was not uncommon for the team to be at Legacy House at 3am.

Only six volunteers worked to coordinate the first Legacy Militaria Auction in 1995. The auction made \$2000 and the team were ecstatic. As the auctions grew, they began receiving random items for auction such as pianos and old furniture. A decision was eventually made to only receive military related items and this tradition has been preserved.

After running the auctions for 26 years John, Margaret and the team have extensive experience and the auctions are very well organised.

Auction items are received and laid out on the Monday and Tuesday; on Wednesday and Thursday the auction catalogue is prepared; the catalogue is printed on Friday; Saturday is the first opportunity to view the items and the auction takes place on the Sunday.

After starting out at Legacy House in South Perth, the auctions have now been held at the Claremont Showgrounds for many years and each auction raises tens of thousands of dollars for Legacy WA. The combined total amount raised for Legacy from the Militaria Auction over the last 26 years sits at \$550,000!

The auctions have received some incredible items over the years. John admits the trucks and tanks received one year were the most impressive, however, his favourite auction item were the medals of a Legacy Widow's brothers who both died during WWII. One of the brothers was killed at Ruin Bridge in the Middle East and the other brother was a Prisoner of War

in Italy but escaped. Tragically he was captured and executed by the SS. He was in the 2/32 Battalion.

We would like to say a massive thank you to all the volunteers who give their time at the auctions. Specifically, John Burrige, Margaret Burrige, David Burrige, Sally Sturgess, Brian Griffiths, Wayne Gardiner, Peter Lutley, Mick Flight, Norm Crookston, Paul Salpietro, Kathryn Shapland, Creagh Bramley, Steve Danaher, Eldon George, Chris Douglas, Michael Sturgess, Tyler Sturgess, Imigen Spreadborough and many more. Several of Legacy's former Legatees Mick Malone and Jim Ford have also contributed to the success of the auctions. Some of these volunteers travel long distances and use their annual leave to volunteer at the auctions. Legacy is greatly appreciative for everyone who has volunteered their time and expertise at the Militaria Auctions over the last 26 years.

A brief history of Companions

Companions first came into being after WW11 to provide an avenue for ex-servicemen to become Legatees. This was replaced in the 1950's by a membership committee who would then recommend them to the Board of Management (BOM). In 1962 Companions became an offshoot of Junior Legacy. Collyn Lee was instrumental in the group's foundation. This group was reformed on the recommendation of the BOM. In 1966 there were 75 members, 7 of whom were serving with the armed forces. The committee reached its peak in 1969 with 120 members. Average attendance at meetings was 50. Some of the tasks undertaken were gardening, painting, wood

chopping, Karnet Prison visits, maintenance of the Shrine of Remembrance at Blackboy Hill and an Anzac eve service at Blackboy Hill. In 1965 the BOM gave Companions their own charter. Collyn Lee, Alf Bath, Pat Flanajen, Syd Oaks and Jack Henderson all became Legatees. They established their own publication "The Torch" which continues today as "The Bulletin". In 1972 this group disbanded due to falling numbers. In February 1988, Companions of Legacy was reformed. The same constitution and rules were presented to the BOM by Legatee Ray Ward with some slight alterations which



were accepted. This group was made up of former wards, SASR personnel (not eligible to become Legatees) and friends of Legacy. There were about 50-80 members. To this day there are still two foundation members on the committee. Companions have their own induction service and the same badge as Legatees with the word Companions in the middle of the torch.

They also have their own banner/flag which was designed and made by the former group. They also have their own shirts/jumpers. Over the past 32 years this group has undertaken many tasks, for example, supporting Junior Legacy with wards' events, especially in the early 2000's when Junior Legacy requested Companions run the monthly events. This led to great fellowship within Legacy with an annual combined Companions/Junior Legacy Christmas Party.

Other tasks that Companions have been involved in are:

- Visiting widows
- Gardening and maintenance of Legacy house and widows' homes – Up until the South Perth building was sold Companions had their own gardening equipment, for example lawn mower, whipper snipper, tools etc. These items were not able to be stored at the new West Perth location so Companions used their own tools for jobs.

- Renovating the cottage at Busselton. This took 6 weekends to put in a new kitchen, built in wardrobe, wooden floor, new carpet and lino and update the bathroom. Although the work was done by Companions, the funds to do this was from a donation by Legatee Archie Campbell. Companions also painted inside and outside the cottage and did the garden.

Community Service Update



Open Arms

Open Arms – Veterans & Families Counselling is Australia's leading provider of high quality mental health assessment, clinical counselling and support services for Australian veterans and their families. If you or someone you know needs support call

Open Arms on **1800 011 046 - 24 hours a day, seven days a week or visit openarms.gov.au** to learn more about our full range of services including group programs, self-help resources and more. Open Arms also hosts an anonymous 24/7 support

line – Safe Zone Support – Safe Zone Support's specialist counsellors understand the military and can offer help to veterans and their families without needing to know who you are. Calls to **1800 142 072** are answered 24/7, and are not recorded.

OPEN ARMS
Veterans & Families Counselling
A service founded by Vietnam veterans, now for all veterans and families

For more Information visit:
openarms.gov.au/safe-zone-support

2021 GROUP PROGRAM SCHEDULE JUNE - DECEMBER



2021 GROUP PROGRAMS

WESTERN AUSTRALIA

MENTAL HEALTH FIRST AID

BENTLEY

15 – 16 September | 9:00am - 5:00pm | Two Day Workshop

HENDERSON

7 – 8 December | 9:00am - 5:00pm | Two Day Workshop

UNDERSTANDING ANXIETY

ONLINE

28 – 29 July | 9.30am – 11.30am | Two 2hr Sessions

28 – 29 September | 9.30am – 11.30am | Two 2hr Sessions

23 - 24 November | 9.30am – 11.30am | Two 2hr Sessions

FLOREAT

3 Aug – 14 Sep | 1:00pm - 3:00pm | Seven Weekly Program

BENTLEY

3 – 4 August | 9.30am – 4.30pm | Two Day Program

RELAXATION AND STRESS MANAGEMENT

BENTLEY

8 September | 9:30am – 4:30pm | One Day Workshop

HENDERSON

15 September | 9:30am – 4:30pm | One Day Workshop

BENTLEY

10 November | 9:30am – 4:30pm | One Day Workshop

HENDERSON

17 November | 9:30am – 4:30pm | One Day Workshop

SLEEPING BETTER

BENTLEY

11 & 18 Aug | 9:00am – 12:00pm | Two Half Day Workshop

RESIDENTIAL LIFESTYLE PROGRAM

YANCHEP

30 October – 5 November | 7 Days

CIRCLE OF SECURITY

BENTLEY

11 Aug – 29 Sep | 9:00am – 12.00pm | Eight Weekly Program

OPERATION LIFE: ASIST

BENTLEY

28 – 29 July | 9:00am – 5:00pm | Two Day Program

HENDERSON

27 – 28 October | 9:00am – 5:00pm | Two Day Program

OPERATION LIFE: SAFETALK

BENTLEY

25 August | 9:00am – 12:30pm | Half Day Workshop

HENDERSON

22 September | 9:00am – 12:30pm | Half Day Workshop

BENTLEY

17 November | 9:00am – 12:30pm | Half Day Workshop

STEPPING OUT

HENDERSON

12 – 13 October | 9:30am – 4:30pm | Two Day Program

DOING ANGER DIFFERENTLY

HENDERSON

17 – 18 August | 9:30am – 4:30pm | Two Day Program

BENTLEY

20 – 21 October | 9:30am – 4:30pm | Two Day Program

RECOVERY FROM TRAUMA

BENTLEY

21 – 22 Sept | 9:30am – 4.30pm | Two Day Workshop

BUILDING BETTER RELATIONSHIPS

BENTLEY

27 – 28 July | 9:30am – 4:30pm | 2 Day Program

BENTLEY

1 – 2 September | 9:30am – 4:30pm | 2 Day Program

BENTLEY

30 Nov – 1 Dec | 9:30am – 4:30pm | 2 Day Program

**Calendar is current as of 28th June 2021]*

In addition to the above face-to-face groups, Open Arms also provides a range of educational online training and workshops. These groups are scheduled on demand. To register your interest and for the most up to date information visit:

<https://www.openarms.gov.au/get-support/treatment-programs-and-workshops>

BEATING THE BLUES

A skills-based group program to help understand the situations and thinking patterns that contribute to depression, and identify strategies to help manage symptoms.

BUILDING BETTER RELATIONSHIPS

Building better relationships can help you rediscover what's important in your relationship, and rebuild a relationship with your partner.

DOING ANGER DIFFERENTLY

Doing anger differently will help you to understand anger and manage it more effectively, so that it doesn't have a negative impact on your own, or others' lives.

MANAGING PAIN

This program will help you learn about pain and teaches you strategies and skills for effective pain management.

MENTAL HEALTH FIRST AID

Mental Health First Aid is a two day workshop that teaches practical skills for helping a family member or friend who is experiencing mental health problems.

OPERATION LIFE: ASIST

The two day workshop aims to help you see, hear and respond to suicide signals. Preparing you to work with people at risk, increase their immediate safety and to get further help.

OPERATION LIFE: SAFETALK

In the safeTALK half day workshop you will learn how to become more alert to suicide prevention opportunities, and how to offer help.

PARENTING PROGRAMS

Parenting programs are tailored to the needs of attending veteran families, to help build strong and positive relationships between parents and their children.

RECOVERY FROM TRAUMA

This program will help you to understand the possible impact of trauma, and teaches you strategies and skills to help you to manage its impact on you and your family.

RELAXATION AND STRESS MANAGEMENT

Relaxation and stress management provides practical skills that can be used in everyday life to de-stress via mindfulness techniques.

RESIDENTIAL LIFESTYLE PROGRAM

The Residential lifestyle management program is designed for veterans and their partners who want to enhance their wellbeing and relationships.

SLEEPING BETTER

Sleeping better is an educational and skills-based group program to help you manage disturbed sleep.

STEPPING OUT

A two day program for ADF members and their partners who are about to, or have recently separated from the military.

UNDERSTANDING ANXIETY

This program will help you to understand anxiety and teaches you strategies and skills to reduce anxiety and associated stress.



1800 011 046
OpenArms.gov.au

A service founded by Vietnam Veterans, now for all veterans and families

A service founded by Vietnam Veterans, now for all veterans and families



Mens Talk - Let's talk about it

"At some point, we have to stop pulling people out of the river and go upstream to find out why they are falling in."

- Bishop Desmond Tutu

Mens Talk is a newly established not for profit with a vision for all people to communicate for wellness daily. We are collaborating with the community to mainstream conversations around wellness and masculinity for all who identify as male.

At our core is a prehab approach - we want you to consider your mental health like you do your physical health and include simple actions each day as part of your routine; just like brushing your teeth or going to the gym.

Mental health daily checklist:

- Move - outdoor exercise
- Reflect - write down 3 things you are grateful for
- Connect - interact with someone in real life
- Breathe - 5 deep breaths into the belly
- Talk - tell someone about how you are going

Want more? Follow us on Instagram and Facebook, send us an email and keep an eye out for our upcoming programs.

Small group open spaces, presentations to your workplace and more coming soon



Let's talk about it.

IG | @mens_talk_au

W | mtalk.com.au

FB | Mens Talk AU

E | info@mtalk.com.au

Older Persons COVID-19 Support Line 1800 171 866

8:30am-6pm (AEST) Monday - Friday

Some older people are vulnerable to COVID-19 but less connected to the internet and in need of ways to access information for their circumstances. The Older Persons COVID-19 Support Line provides information and support.

Older Australians, their families, friends and carers can call 1800 171 866 (FREECALL) if they:

- would like to talk with someone about the COVID-19 restrictions and its impact on them
- are feeling lonely or are worried about a loved one
- are caring for someone and need some information or a listening ear
- need help or advice about changing the aged care services they are receiving
- need help to access new care services or essential supplies such as shopping
- are living with dementia or are concerned about a friend or family member living with Dementia
- would like to arrange a one-off or regular wellbeing check.

1800 171 866
Older Persons COVID-19 Support Line

Or call COTA Australia directly on 1300 COTA AU
1300 268 228

The Older Persons Support Line is a joint initiative of:



Supported by funding from the Australian Government

Community Fundraising

Thank you to everyone in our community who has fundraised for Legacy so far this year. We are appreciative of all your efforts!

Lake Karrinyup Country Club \$32,000

Once a year, Lake Karrinyup Country Club host a golf day where all proceeds are donated to Legacy WA! This year's event was hosted on Sunday 4 July, the same day Covid restrictions were introduced in WA and all participants needed to wear masks. Fortunately, the event involved less than 150 people and was permitted to continue. Congratulations to the winning team Trish Hoile and George Fowler. The day raised an incredible \$32,225 for Legacy WA! A special thanks to Robyn Twentymen for organising the event and her dedication to raising money for Legacy WA.



Gibbons Automotive \$4900

Gibbons Automotive generously donated \$100 from every car sold over the ANZAC period to Legacy WA!



Murphy's Irish Pub \$4,138

Murphy's Irish Pub is one of Legacy's oldest supporters and they continue to fundraise for Legacy during our ANZAC and Legacy Week campaigns.

P&N Bank \$2000

Thank you to P&N bank and everyone who voted for Legacy WA in their quarterly community grants program! As Legacy WA was in the top 5 organisations who acquired the most votes, we received \$2000.



Jill and Edward \$1075

Although this year's Gallipoli run was cancelled due to Perth's COVID-19 lockdown in April, Jill and Edward still completed the track and raced each other! Thank you to Jill and Edward for raising \$1075 for Legacy WA.

Social Manna \$921





Bakers Delight Mullaloo

\$912

Lakelands Country Club

\$734

A big thank you to Merv and the team at Lakelands Country Club for their work in raising over \$700 for Legacy WA this ANZAC Day!



BAE Breakfast \$726

Thank you to the team at BAE for inviting us to their BBQ breakfast and fundraiser on Friday 16 April. Vivian, Shannon, Kelly, Emily and Tyler from Soldier On had fantastic time meeting the BAE staff and touring the workshop. It was also a highlight to see working dog Sydney and her owner Chaplain Andrew Morris.



Palmyra Primary School

\$346

Kalgoorlie ex-servicemen's memorial club

\$210

Meadow Springs Golf and Country Club \$167



Two Up Brewery \$136

Gallipoli Run

\$90

Claremont Bowls Club

\$74

Willow Boutique

\$64



If you would like to fundraise for Legacy WA please email Kelly at events@legacywa.com.au for more information

Volunteer Call Out

Legacy WA is always on the lookout for dedicated individuals who are passionate about Legacy's cause and are willing to give their time to support Legacy's families.

Community Services

Our Community Services Team works directly with our beneficiaries who require support and programs. These Volunteers are dedicated to engaging with beneficiaries on a long term basis and are available to commit a few hours every week.



To make sure they receive the best quality care, our Community Services Volunteers are able to support in the following ways:

- Home & Hospital Visits
- Assessments for Special Financial Aid
- Provide Companionship

Community Services Volunteers are provided with training and support through Legacy and Working With Children Checks, and mental health training such as ASIST.



Fundraising & Events

As a Not-For-Profit, Legacy relies on our community to host Fundraising Events and Volunteers to assist in our annual Anzac Day and Legacy Week Street Appeals.



Fundraising & Events Volunteers are able to assist in the following ways:

- Attend Street Appeals and assist with donation collections in Malls, Shopping Centres and Train Stations
- Staff Events & Fundraising activations such as Bunnings Sausage Sizzles, Christmas Parties and other Functions & Dinners

Fundraising & Events Volunteers are able to register in advance how often you would like to participate.

Office Support

Legacy WA has a small team of staff who work hard to provide the services and support our beneficiaries need to live their most successful lives. However, to make sure we can get everything done, we need Volunteers to assist with Administrative tasks in our office.



Office Support volunteers assist in the following ways:

- Database Management
- Merchandise and Inventory Management & Dispense



We are always in need of Skilled Volunteers as well. Those who are experienced in a particular field and would like to donate your time and services are strongly encouraged to register as a Volunteer.

Some of the fields we need assistance with are:

- Graphic Design
- IT Support
- Legal & Compliance



Are you interested in volunteering for Legacy WA?

Please contact our Fundraising and Volunteer Coordinator, Kelly at events@legacywa.com.au

Dates for your diary

Fundraising events

15 August

Meadow Springs Charity golf day

20 - 22 August

Army Art Opening Night and Weekend Exhibition at Leeuwin Barracks in Fremantle

29 August - 4 September

Legacy Week

10 September

Scooterists fundraiser for Legacy WA ending at Clancy's Fish Pub

19 September

Legacy charity ride Military Motorcycle Club

15 October

Musical Bingo at the East Fremantle Football Club

16 - 17 October

True Grit weekend at the Linga Longa Estate

22 October

Legacy WA x RSLWA Bowls day

24 October

Militaria Auction at the Claremont Showgrounds

7 November

South Side Scooterists Remembrance Day gathering

Beneficiary events

24 - 26 September

Parent and Children's Camp at Legacy Camp in Busselton

2 - 7 November

Lillies Laurel Group Camp at Legacy Camp in Busselton

8 - 18 November

Widows Camp at Legacy Camp in Busselton

26 November

Mount Barker Widows Luncheon at the Mount Barker Community Centre

26 - 30 November

People with Disabilities camp at Legacy Camp in Busselton

5 December

Children's Christmas Party at Adventure World

6 December (Tentative)

Southern Jingle: Date TBC

8 December

Northern Jingle: Located at City of Stirling Council

9 December (Tentative)

Lillies/Daisies Jingle location TBC

Date TBC

Regional Jingles: TBC

check www.legacywa.com/wa for updates on all our events



Legacy Widows Camp



Legacy WA is seeking your expression of interest to attend the annual Widows Camps in 2021. Please cut out this form and send back to Legacy House completed in the return envelope provided.

Please note that all camp dates are subject to COVID-19 restrictions and Legacy WA will work to any and all guidelines set out by the Western Australian Government.

I would like to attend:

Widows Camp (Lillies Camp)
2 - 7 November (Lillies)

Widows Camp 4
8 - 18 November

Your Details

Name: _____

Address: _____

Suburb: _____ State _____ Postcode: _____

Phone: _____ Mobile: _____

Email: _____

Next of kin

Name: _____

Address: _____

Suburb: _____ State _____ Postcode: _____

Phone: _____ Mobile: _____

Email: _____

Name of Family Doctor _____ Phone: _____

Additional Requirements

Do you require the use of a No Yes, a commode Yes, a walker Yes, a gopher commode, walker or gopher?

*Please note there are limited supplies of these items at Legacy Holiday Camp and any aids **must** be requested at the time of registration to ensure your needs can be met.

Transportation

Will be making your own way to the Widows camp No Yes

If YES please provide your vehicle registration number: _____

Bus information

If you wish to travel with TransWA please provide either your Gold Card, Seniors Card or Pension Card number so arrangements can be made by Legacy WA on your behalf.

For those wishing to use their free TransWA pass which is included with your Pension Card, please book directly with TransWA as Legacy WA is unable to make this booking on your behalf.

Please note these dates and times are managed by TransWA & South West Coach Lines and may change.

Gold Card no.: _____ Expiry Date: ____/____/____

Seniors Card no.: _____ Pension Card no.: _____

Departures				
Departure Points	Sun	Mon + Wed	Tue + Thu	Fri
East Perth	<input type="checkbox"/> 9:00am	<input type="checkbox"/> 9:00am	<input type="checkbox"/> 9:00am	<input type="checkbox"/> 9:00am
	<input type="checkbox"/> 12:15pm	<input type="checkbox"/> 12:15pm	<input type="checkbox"/> 12:15pm	<input type="checkbox"/> 4:00pm
Cockburn Central (Stand 7)	<input type="checkbox"/> 9:30am	<input type="checkbox"/> 9:30am	<input type="checkbox"/> 9:30am	<input type="checkbox"/> 9:30am
	<input type="checkbox"/> 12:40pm	<input type="checkbox"/> 12:40pm	<input type="checkbox"/> 12:45pm	<input type="checkbox"/> 4:45pm

Return Journey				
Departure Points	Sun	Mon - Fri	Sat	
Busselton	<input type="checkbox"/> 5:12pm	<input type="checkbox"/> 10:05am	<input type="checkbox"/> 4:25pm	<input type="checkbox"/> 10:05am

Arrival Points				
Departure Points	Sun	Mon - Fri	Sat	
East Perth	<input type="checkbox"/> 8:30pm	<input type="checkbox"/> 2:00pm	<input type="checkbox"/> 8:30pm	<input type="checkbox"/> 2:00pm
Cockburn Central (Stand 7)	<input type="checkbox"/> 8:02pm	<input type="checkbox"/> 1:22pm	<input type="checkbox"/> 8:02pm	<input type="checkbox"/> 1:22pm

South West Coach Lines - Daily			
Departure Points	Morning Route	Afternoon Route	
Perth Elizabeth Quay Busport	<input type="checkbox"/> 7:30am	<input type="checkbox"/> 1:20pm	
Perth Airport - Domestic Terminal (T3/T4)	<input type="checkbox"/> 8:00am	<input type="checkbox"/> 1:50pm	
Perth Airport - International Terminal (T1/T2)	<input type="checkbox"/> 8:10am	<input type="checkbox"/> 2:05pm	
Cockburn Central Station	<input type="checkbox"/> 8:40am	<input type="checkbox"/> 2:35pm	
Cockburn Central Station	<input type="checkbox"/> 10:30am	<input type="checkbox"/> 4:25pm	
Cockburn Central Station	<input type="checkbox"/> 11:15am	<input type="checkbox"/> 5:20pm	

Return Journey			
Departure Points	Morning Route	Afternoon Route	
Busselton	<input type="checkbox"/> 7:40am	<input type="checkbox"/> 1:00pm	

Signature _____ Date: ____/____/____



Widow's camp

Thank you to the lovely ladies who attended Legacy's third camp of the year for writing this recount of their stay.

"Nine ladies attended camp with Lorna from Bunbury who had her carer son Trevor, who was brave to spend time with us all and did a great job of looking after mum.

We had Rosemary and Lorna from Bunbury; Brenda from Geraldton; Anne, Doreen, Amelia from Perth and Wendy, Yvonne and Barbara from the Peel area.

We all had a great time, some playing cards, whilst others crocheted, read, watched the lovely beach or just relaxed at the camp.

The caretaker Nathan looked after us very well, taking us for lovely trips to the Berry farm, Chocolate Factory, Simmos, Dunsborough and usual shopping in town.

Rosemary and Brenda received lovely flowers for their birthdays and Nathan and daughter Ella cooked a beautiful meal for Mother's Day.

All the facilities were clean and well looked after. We all had a great break and enjoyed the time and company of a great bunch of ladies."

MURPHY'S IRISH PUB, MANDURAH

MON P&B QUIZ

TUES KARAOKE NIGHTS

WED & THUR BACK TO BACK KARAOKE NIGHTS

FRI

SAT

SUN

MON MEAT FREE
TRY "MEAT-FREE MONDAY" 20% OFF VEGO + VEGAN MAINS
...DON'T WORRY CARNIVORES, FULL MENU IS STILL AVAILABLE FOR LUNCH & DINNER

TUE PARMIGIANI NIGHT \$18
300G CHICKEN SCHNITZELS WITH FRIES + SALAD + CHOICE OF 5 SAUCES OR 4 PARMIGIANI TOPPINGS. AVAILABLE 5.30PM-9PM

WED \$19 PIE SPECIAL
MCDONNELL'S CHICKEN CURRY PIE WITH CHIPS & CURRY SAUCE
SEAFOOD PIE TOPPED WITH MASH POTATO, WITH STEAMED BROCCOLI & GARLIC SAUCE
VEGETARIAN PASTRY PARCEL WITH SALAD
OR... UPGRADE TO BEEF & GUINNESS PIE WITH MASH & RED WINE JUS FOR \$1.50 EXTRA

THU BURGER + BEER \$20
CHOICE OF BURGERS: BEEF & BACON • FISH & SLAW BURGER • GRILLED CHICKEN, BACON & BRIE BURGER • VEGIE BURGER. ALL WITH FRIES + CHOICE OF MIDDY (TIGER, HAHN 3.5 OR WINE)

FRI FISH 'N' CHIPS FRIDAY \$20
KILKENNY ALE BATTERED RED EMPEROR WITH CHIPS & SALAD. INCLUDES GLASS OF TIGER, HAHN 3.5 OR HOUSE WINE / SOFTDRINK. AVAILABLE TIL 4PM

SAT "SHANK" GOODNESS IT'S SATURDAY \$19
LAMB SHANK SLOW BRAISED IN RED WINE & VEGETABLES ON MILD MUSTARD MASHED POTATO AVAILABLE ALL DAY UNLESS PORTIONS RUN OUT

SUN SUNDAY ROAST \$19
LIMITED PORTIONS
ROAST OF THE DAY WITH SEASONAL VEGIES, ROAST POTATOES, YORKSHIRE PUDDING & RED WINE JUS

Christmas in July
Two & three course set menus available for group functions.
Or enjoy Roast Turkey every Sunday in July for only \$19
For info about our Xmas in July Ph Vanessa 9535 2666



People with Disabilities camp

After Simmos ice creamery we needed a bit of "mothers spit" to clean up some wards, because they enjoyed their ice creams so much.

The highlight of the camp for all participants was the fishing from the beach at the front of the camp, where two of our wards actually caught a fish and one in particular caught three. The beaming smiles on their faces was a pleasure to behold.

The social interaction between the wards and people at the camp was jovial and a bond between them was apparent.

The use of Gophers by two of the wards was a great help in getting them around under their own steam. The beach was a little more difficult.

All Participants enjoyed the camp and are looking forward to the next trip!

L/ David Durant



On 23-28 March 2021, a camp was conducted for Legacy Wards with disabilities and their carers.

There were four wards with disabilities and two carers. All had a good time with lots of activities which included a trip to Margaret River and the Providore, the chocolate factory and a trip to Simmos Ice cream factory, and Annie Brook Winery.

Friday night dinner was at the Ship hotel, I have not seen people put away so much food, and that seemed to be the status quo for the rest of the camp.

We laid on water for the bus trips, but one ward would not drink the water and said "I will rust if I drink that".



100 birthdays



Doris Joyce Everett

(better known as Joyce)

Joyce was born on Easter Sunday 27/3/1921 in St Kilda Victoria to Doris and George Broughton.

She moved to Perth with her Mother when she was 11. When they first arrived, she went to Boarding School for 12 months at Mercedes near the Cathedral in the city while her mother went to work as a cook in Beverley. Her Sister was born when she was 15 years old. Her mother ran the Kiosk at City Beach so that's where her love of the beach began spending all her summers at City Beach where she made a group of lifelong friends.

Joyce did a hairdressing apprenticeship with Mrs Norris in Perth and became a hairdresser. After the war she used to ride her bike from suburb to suburb doing hair.

She joined the RAAF in Pearce in 1942 and became a telegraphist doing Morse Code.

103405

ACW Broughton D J

"E" Section RAAF

Pearce W A

Joyce married Joe Daniel in 1954 at St Joseph's Church Subiaco. Joe and Joyce lived in Hamilton St Subiaco and had a daughter together but unfortunately Joe passed away when she was only two weeks old. In 1960 Joyce married Alan Everett (now dec.) and bought the family home in West Leederville. They had three more children together.

Joyce now has one son and three daughters, 11 Grandchildren and 11 Great Grandchildren (all under 6-1/2) years - who all see her regularly.

Joyce's 1st car was a Morris Minor

which she drove to Melbourne across the Nullarbor - she had her license until she was 95.

Joyce has always been sporty - loved swimming, body surfing at the beach, playing tennis until she was 70 with the same group of ladies, and started lawn bowls at 80 at the Lake Monger Recreation Club. When she no longer played bowls, she continued at the club playing cards every Thursday until she was 98. She loves playing all sorts of board games, cards and scrabble whenever she can (and still beats us).

Joyce and her late husband Alan also enjoyed dancing and spent every Saturday night doing so with a long-standing group of friends.

Joyce still lives in the family home in West Leederville.

She celebrated her 100th Birthday on Saturday 27th March 2021 at the Lake Monger Bowling Club with about 110 guests of family and friends.

She has had an amazing life and is still enjoying it.

Thank you to Joyce's daughter Christine, for sharing Joyce's story with us.



Cynthia Wright-Ritson

Cynthia was born the eldest of three girls to Harry and Katherine Leake in 1921. She attended St Mary's Girls School and Kununoppin High School. Living on a farm, the girls became accustomed to helping their dad with tasks outside. Their father served in the 16th Battalion and suffered after the war as he was wounded four times and contracted the Spanish flu. For this reason, she also helped out around the house, particularly with the cooking which is where Cynthia developed her talent for cooking.

Following school and despite not having any training, Cynthia worked

as a nurse at Kununoppin, Norseman and Corrigin. In 1942 she enlisted in the Australian Imperial Force and became a transport driver around Fremantle and Rottneest. She always boasted she was the only person who could back down the jetty at Rottneest in the truck!

In 1946 she married Vernon (Bill) Wright. The couple moved to Kellerberrin in 1950 to farm and pioneered their family farm which they called "Mooranoppin." They later had three children Vernon, Romilly and Douglas.

Cynthia was a very active member of the community. She worked as an office bearer for organisations such as golf and tennis clubs and P&C Clubs and she was also the Commissioner for Girl Guides and JP. Throughout her life, Cynthia has also enjoyed keeping fit and active and was a very good tennis and golf player. In 1973, Bill and Cynthia retired to Perth where Cynthia continued her community activities. In 2008, Cynthia remarried, and she now lives in a nursing home in Albany where she can be close to her sons who reside in the town.



Eileen Hopkins

Eileen was born in Albany and lived in Denmark until she was 26. She described her childhood as incredibly happy and talked about how much she loved growing up in Denmark. She had an older brother and sister who were 11 and 12 years older and a sister who was only a couple of years younger than Eileen.

The family owned a hobby farm and Eileen talked about the fond memories she has from her time on the farm, particularly when she was with her father. Being out on the farm is what sparked Eileen's passion for being outdoors and partaking in sports. She enjoyed hockey, golf, tennis, badminton, horse riding and bike riding and her love of sports extended into her adult life where she continued to play tennis and badminton.

At the age of 16 she became one of the first ambulance officers in Denmark and is therefore one of the founding members of St John Ambulance in the region. Two years ago, Eileen gave her certificates and medals back to St John Ambulance in Denmark to display in the local museum.

When she was 16, Eileen also commenced work as the bookkeeper for a butcher in Denmark. She then became the bookkeeper for the

Butter Factory and continued this job when she moved to Perth. Following this, Eileen along with her sister and her sister's husband, opened a delicatessen in Leederville. Sadly, when her sister's marriage broke down a year later, they were forced to sell the business.

Eileen married her husband Frederick when she was 37. She described meeting her husband as 'love at first sight.' The couple had one child, Debbie and now have

three grandchildren Adrian, Alistair and Simon. Frederick worked as a primary school teacher which meant that Eileen and Frederick would travel over the school holidays and enjoyed many trips in their caravan. The couple also had a dog, Rex who lived for 16 years and was well loved amongst the family. Eileen described how Rex would even jump in her daughter's play pen when she was a child.

When Frederick was given a deputy headmaster job at a school in Harvey, the couple moved to the town and lived there for three years. Following their return to Perth, Eileen attended a meeting organised by Anglican Homes (now known as Amana) at the St Georges Nursing Home. She then joined the organisation and dedicated her time to caring for the residents of the home. She spent quality time with the people in the home and helped them with tasks such as grocery shopping. She volunteered as the Secretary and Vice President of the organisation and then the President between 1979 until 1991. As a part of these roles, she also helped to organise fates and fundraising events to raise money for the nursing home. In total, she dedicated 20 years to volunteering for Anglican Homes.

When Frederick retired, they were able to travel more extensively and spent three months in Europe, three

months in England, enjoyed a three week safari in Africa, visited Norfolk Island and Tasmania and travelled along the Indian Pacific where they explored Uluru, Cairns, Hamilton Island and Fraser Island. The couple also spent six weeks in Norway where they stayed with Frederick's niece and toured around the country with his niece and her husband. The trip to Africa was by far Eileen's favourite holiday and she loved seeing the elephants.

Sadly, Frederick passed away two years ago, and Eileen misses her husband very much. She now spends much of her time gardening and she attends church every Sunday. She also enjoys catching up with her friends and family. She visits her sister who lives in a nursing home and her daughter every week and she is also close with her grandsons who make the time to come and visit her.

Eileen celebrated her 100th birthday with a weekend of celebrations. On the Saturday, 30 of her closest friends and family joined Eileen for a party at her daughter's house. She had friends from all over Western Australia make the trip to celebrate with her and Eileen described how her house looked like a florist shop for the next week! The following day, Eileen's parish organised a high tea to celebrate her birthday. The high tea was set up on the lawn outside the church under a group of beautiful Jacaranda trees. One of the members of the Church even drove Eileen to her celebrations in his Rolls Royce which she greatly enjoyed.



Betty Kay

Betty was born in country Victoria in 1919. She grew up with her five brothers and two sisters and she spoke about her fond memories from growing up in the countryside with her family. She also spoke about how along with her siblings, she would walk two miles to get to and from school every day!

When she finished school, Betty worked for a milk delivery factory. She got married in 1946 and Betty and her husband Bill moved to Albany where they owned a hardware store. Sadly, there was a fire on the site of the building and the business burnt down.



Betty with Legacy Vice-President Ian McKnee



The couple then moved back up to Perth and had three children Chris, Linda and Vicki. The family established a contract cleaning company and worked very hard for the business whilst also raising her family. She would often wake up at 4am to work for the business and then come home to look after the children.

When their children were adults, Betty and Bill moved over to NSW to retire and purchased a beautiful house in the town of Narooma. Betty loved the home and enjoyed spending lots of time in the garden where she also maintained a compost system. Tragically, Bill was diagnosed with motor neuron disease and passed away in 1985. Betty cared for her husband in the years leading up to his death.

Despite the beauty of Narooma, the region is highly susceptible to bushfires and the destructive fires in 2020 came very close to her home. The risk of future bushfires and her declining health contributed to her decision to move back to Perth where she could live with her daughter Linda in her home in Subiaco.

Betty now has ten grandchildren and eight great-grandchildren. She enjoys evening walks with her daughter in her wheelchair and visits to the local coffee shop. She also likes drinking coffee with a group of ladies in her building and watching the sunset from her balcony.

Her daughter Linda described Betty's "strength of character" as one of the biggest reasons why Betty has lived such an interesting life and why she is still living and persevering at the age of 102.



Margaret Wallis

Margaret was born in Kalgoorlie and attended the North Kalgoorlie State School. She lived in Kalgoorlie with her family until her father allowed her to move to Perth after she turned 21.

She met her husband at the Perth railway station just after the war. He had been a prisoner of war with the Japanese and spent some time in Hollywood hospital. The couple married in 1946 and went to live in Kalgoorlie. They had two daughters and eventually decided to move back to Perth as her husband had been offered a very good job and there were more opportunity for their daughters.

Margaret has lived in the same street since coming to Perth. She eventually moved to a unit down the road, where she still lives. She is the grandmother of four and the great grandmother of two.





True Grit



True grit is a military inspired obstacle challenge taking place on Saturday 16 and Sunday 17 of October at the beautiful Linga Longa Estate!

True Grit volunteers can be the first face thousands of participants see. Whatever you do as a True Grit volunteer, you are the backbone of making the event run smoothly for all our Gritters. Remember, if you're up for it you can run for FREE on the other day of the same event weekend!



Perks of being a True Grit Volunteer:

- **Run for free on the day that you're not volunteering**
- **Free lunch pack, free parking and free camping.**
- **True Grit Crew t-shirt**
- **True Grit Cap for all Sunday volunteers**
- **\$50 donation to Legacy for your involvement**

Roles

- Registration to provide the first welcome to the thousands of True Grit participants.
- Bag drop is a key part of the participant experience, and typically the last stop before Gritters make their way to the start line.
- Finish line to help organise finishers t-shirts and drinks for participants.
- Obstacle marshals are people who help to encourage and motivate our participants and teach them technique as they embark on a 10+km challenge, with 30+ obstacles. True Grit volunteers, need to show some grit at times just like our participants. We start early as morning shifts kick off at 6:45am. We need people who are up for the challenge and who are prepared to work with others.

If you would like to volunteer at True Grit please contact Kelly khorne@legacywa.com.au



Camp Strategy Working Group

The Board of Legacy WA has formed an working group to consult with stakeholders about the Legacy camp-site at Busselton. The Camp Working Group comprises two legatees, a beneficiary, a long-term Companion and Legacy's business services manager.

Chaired by L/ Rob Fittock, the group will meet regularly, consult with camp users, potential camp users and other stakeholders and prepare a report to the board, making recommendations for camp development into the future. Besides the views of stakeholders, the Group will examine how to preserve the valued characteristics of the site; how

to manage on-site assets; and prepare development options into the future. The first report to the Board is due in November 2021 with a final report due November 2022.

The group hopes to hear from as many beneficiaries and other stakeholders as possible in the coming months.

L/Rob Fittock



Laurel Club Meeting Times and Locations

Laurel Club	Meeting Times	Location
Bunbury	1st Thursday 9.30am	Bunbury RSL Hall
Floreat	4th Friday 1:00pm	Scarborough Community Centre 173 Gildercliffe St Scarborough
Fremantle	Fortnightly Tuesdays 10.30am	Bicton Palmyra RSL 30a Foss Street Bicton
Geraldton	1st Monday 10.00am	Birdwood House 46 Chapman Road Geraldton WA 6530
Gosnells & Districts	2nd & 4th Wednesday 11.00am	Gosnells Football Club Terrence Street Gosnells WA 6110
Kalamunda & Districts	3rd Friday 1.00pm	Jack Healey Centre 21 Mead Street Kalamunda WA 6076
Mandurah-Murray	3rd Monday 1.30pm	Mandurah RSL Unit 5/20-22 Rouse Rd, Greenfields WA 6210
Menora	3rd Monday 10.00am	War Widows Guild 15 Plantation Street Menora WA 6050
Midland & Districts	2nd Wednesday 1.45pm	Bellevue RSL 2 Purton Place Bellevue
Northern Districts	1st & 3rd Thursday 9:00am	"Mildenhall" Duncraig Senior Citizens Club 49 Beddi Road Duncraig WA 6023
Perth	Fridays 9.00am	ANZAC House 3/66 St Georges Terrace Perth WA 6000
Rockingham	Fortnightly Thursdays 10.00am	Port Kennedy RSL Cnr Paxton Way & Helmsshore Way Port Kennedy WA 6172
Vasse	2nd Wednesday 10.00am	Busselton RSL Hall 10 Rosemary Drive Busselton WA 6280

If you do not wish to join an existing Laurel Club but would like to connect with other likeminded individuals who have similar experiences, please contact the staff at Legacy House on getsupport@legacywa.com.au and we will connect you appropriately.

IT'S THAT TIME OF THE YEAR

LEGACY CHRISTMAS PUDDINGS

**TO ORDER, CONTACT LEGACY HOUSE ON
08 9486 4900 or events@legacywa.com.au**

Legacy Christmas Pudding are based on an exclusive recipe to Legacy so you can enjoy a unique quality dessert for Christmas Lunch or Dinner. Legacy Puddings are long lasting and made in Australia from local and imported ingredients.

SUPPORTING
FAMILIES
OF THOSE WHO SERVED
THEIR COUNTRY



Ingredients: Dried fruits (50%), wheat flour, brown sugar, water, margarine, antioxidant, food acid, preservative, colour, egg, raising agents, wheat starch, spices, brandy, salt, rum, product contains Gluten, Milk, Egg, and soy. Processed in a facility that also processes products containing Peanuts and Tree nuts.



Laurel Club updates



Laurel Club President's Luncheon

Legacy's Laurel Club President's met for lunch on Thursday 4 March at Parliament House. The lunch was a fantastic opportunity for the ladies to discuss the year ahead with Legacy President Matt Granger and CEO Vivian Blycha. Thank you to all the ladies who attended the lunch.

Daisies

The Legacy Daisies met in late January for brunch at Point Walter Cafe in Bicton. A little surreal as we sat enjoying brunch in the morning and then were going into lockdown #1 for the year that afternoon!

Our second planned get together of the year was abandoned after we had a second lockdown.

Our most recent catchup was in May - High Tea at the C Restaurant. It was a stunning afternoon watching the weather roll in over the coast and the hills with the sun trying hard to shine through whilst enjoying the company. The food was delicious (and plentiful) and meeting up like this is always an opportunity to have a glass of champagne and chat.

Our group was formed in 2019 to cater for the younger widows of Legacy. Many of us still have full time jobs and/or children. When you add this into the grief mix, finding time just for us can be challenging. Adding a worldwide pandemic is just something else! As mums, we often have trouble putting ourselves first, so when social events are planned for just us, we find they are the

easiest things to opt out of or cancel. With this in mind, we are developing our closed Facebook Group and encourage each other to reach out, having smaller more localised catch ups for coffee or ringing for a chat between our 'major' calendar events. This online presence has been welcomed and beneficial as most of us have time in the evening after the kids have gone to bed!

We are heading to Rockingham for our next group catchup in June and then looking to have a Christmas in July function. Plans are also underway for a River Cruise towards the end of the year.

If you are a member of the Daisies and you haven't joined us on Facebook, please email us at daisieslegacywa@gmail.com with your details and we can send you the link to join us on social media.

Erin Posik
Acting Daisies President



Northern Districts

Greetings to all Laurel Clubs,

It has been a while since the Northern Districts Laurels have contributed to Legacy Times, however, that does not mean the members have been sitting around doing nothing. Apart from our twice monthly meetings, we have enjoyed lunches at various locations such as the Sovereign Arms Joondalup, Oscars Currambine, to name just a few. The lunches have proven extremely popular with the members.

A bus trip was planned for April but unfortunately, it was cancelled due to the lockdown. Another bus trip is planned for July, (fingers crossed, no lockdown). There is also a speaker booked for next month, so our members can look forward to an enjoyable year ahead.

There have been a few changes to the Northern Districts Laurel Club. We now have a new committee. President Lorna Wilson and Secretary Edith Carruthers stepped down after many years of carrying out their duties. The position of President has been filled by our newest member Vivian Nathan and the role of Secretary has been filled by Philomena D'Castro and Kath Screen has remained Treasurer. Thank you ladies for taking on those positions.

We have changed the starting time of the meeting from 08.30 am to 9.00 am. This was agreed by the members.

On 20th May, the Northern Districts Laurel Club celebrated our 33rd Anniversary. We celebrated the event with yummy finger food and

a very delicious birthday cake. Our new President Vivian Nathan did the honour of cutting the first slice of the cake.

So, if there are any Legacy Widows living in the Northern suburbs who are wondering what the Laurel Club is all about, give us a try, you will be warmly welcomed and you will find us a friendly and happy lot.

As a Legacy Widow of many years, I would like to finish with a quote I believe in and sums up what Legacy is all about, "No one understands a Widow like another Widow."

Cheers till the next time,

Pamela Murphy

Midland and districts

Hello to all Laurel Club members, Legatees and volunteers and all who help our wonderful organisation keep going. We understand how difficult it is with funding as so many volunteer groups need extra assistance and there is only so much money to meet the needs of many.

I was unwell and missed the March Meeting, members voted to move future meetings to RSL Club (2 Purton Place Bellevue 6054)

We held our 1st meeting there on Wednesday the 14th of April, meetings to start at 1:45 pm every 2nd Wednesday of each month. We had not been on an outing for many months due to covid restrictions so decided to combine our May meeting to a trip to Kings Park. We met in Midland on 19th May it was a lovely sunny day, perfect to enjoy our first group outing. The wildflowers hadn't started but the view from the

memorial across the Swan was as beautiful as always. We had a lovely lunch at the tea rooms and journeyed home refreshed and happy.

Best wishes.

Lilian Cottingham
Midland and districts Laurel Club

Floreat

After losing our meeting room at the Retirement Village due to the Covid-19 virus restrictions our first planned meeting to be held on the 5th of February at the Herdsman Hotel had to be cancelled due to the Covid-19 virus lockdown. Finally, our first meeting was held at the Hotel on 5th of March. It would be the last time most members would see our President Beryl Gibson. Sadly, Beryl died a month later. Before Beryl passed away, she asked Betty Payton to take on the position of President.

Sadly, our previous President Kitt Ottaway and Eleanor Dean also passed away in April.

Two of our ladies, Daphne Wood and Shirley Rippen have moved into care whilst others have had a stay in hospital or not enjoying good health. We now have 18 members.

On a better note we have a meeting room at the Scarborough Community Hall (Scarborough Hub) just down from the Library. At present we have decided on monthly meetings on a Friday at 1 o'clock every four weeks so it does not clash with the Seniors lunch held in the same building. Six of us enjoy a meal and fellowship there every fortnight.

Recently we had an outing + Bistro in West Swan. A tasty lunch was followed by a visit to the Chocolate Factory.

Winter is upon us so keep warm, take your Vitamin C tablets and keep safe.

Ruth Spilsbury
Floreat Coastal Club member

Lillies

On May 11 Lillies made their way along the Brand Highway to Geraldton for some rest and recreation. We stayed at the Mantra Apartments overlooking the marina and sitting on the balcony with a coffee or wine watching the boats moving in and out and the sun setting over the ocean was a fitting end to the day.

The Laurel Club of Geraldton put on a lunch for us, with crayfish salad and other delights. Apart from the wonderful food, talking to the ladies and hearing their stories was a highlight. The Geraldton RSL has a very well-presented museum and is certainly worth a visit.

Our group visited the HMAS Sydney II Memorial

which dominates the Geraldton skyline. The symbolism of the memorial is well thought out. Standing under the dome made up of 645 birds, one for each man lost, is an emotional experience.

Geraldton provides many activities for the visitor. The Geraldton area has been the home of the Yamatji people for over 40 000 years. European settlement began in 1851 when the town was established as a port. Today, Geraldton is a thriving city with a busy port, a crayfishing industry, many cultural pursuits and an international destination for windsurfing. Well worth a visit.



Menora

Hello to all our readers, I hope you are keeping warm in this cold weather.

We are still meeting on the first Wednesday of the month mostly socially for a cuppa and a chat.

We didn't have a formal AGM this month as no one else wants to run the club so Hazel Donald will keep

things going as long as we are able. We are going to have a Christmas in July lunch at the Bethany Village over the road from where we meet at the Australian War Widows WA. They have a lovely Christmas in July lunch, so the ladies are looking forward to it.

I hope all the Legacy Widows remain in relatively good health. It's no good getting old but having a laugh and

sharing time with other like-minded Widows takes our minds off the creaky bones etc.

I would like to mention how interesting the last magazine was with the stories of some of the Widows.

Cheers for now. Keep warm and well.

Jan Mcleod
President Menora Laurel Club



Kalamunda and Districts

It is good to "meet" through these pages with our other Legacy Branch members.

One of our ladies is moving on from her 20 years of presenting delicious cake, coffee, tea etc. Many many morning and afternoon teas have

been shared at our meetings. Thank you Doreen.

Lots of people contribute to making our time together special.

Our Legatee Warrick is always supportive and sometimes will drive a bus to take us to interesting venues.

We did this yesterday to Como with Lunch and a scenic drive. We appreciate it all and each other.

Wishing you all a warm and happy healthy winter time.

Annette Twist

Fremantle

2021 has again been a challenging year with lockdowns disrupting the continuity for the ladies however we did manage to get a trip down to the Mandurah RSL Club for a wonderful lunch hosted by the Mandurah Laurel Club.

To make out dollar stretch as far as possible we are planning outings within the Bicton area to places such as Cicerellos, the Left Bank and Dome Mt Pleasant chipping in with \$20 per head to help cover the cost for the food with three such outings this

year. The ladies transport to and from the venues is also within their routes.

We remain a happy little mob and send out get well soon messages to a few of our members as they deal with their health issues.

God Bless, Stay Safe and Smile

Bunbury

Greetings from Bunbury.

One of the recent happy highlights for our Group was the attendance at the Busselton Legacy Camp by Rosemary Ricetti and Lorna Doe. Whilst the attendance numbers were low, those who attended had a most enjoyable time.

We have been welcoming some new members to our Group, however sadly one of our longest and dearest

members, Pat Sutton passed away in April. Pat was a keen participant in all activities and we shall miss her dearly.

A number of our ladies have had their first COVID vaccination. Whilst many are not travelling these days, all going well, Rosemary hopes to take a trip on the Ghan in June.

There has been the odd set back with the last COVID Shutdown. However, our meetings continue to be held on

the first Thursday of every second month at the RSL Building, Bunbury, with coffee catch-ups at the Wakey Wakey Cafe on the first Thursdays of the in-between months at the Bunbury Forum.

Geraldton

Hello dear readers.

Geraldton Laurels continue to have very good attendance numbers at our monthly meetings. Since we last "read together" some of our dear regulars have had to manage their attendance to special outings and events and therefore numbers are sometimes down. However, having said that, we do appreciate that whilst they cannot be there in person, they always have us in their thoughts. We treasure that so much and continue to wish them a safe and respected journey through life.

As a group we have been the proverbial "social butterflies" this month.

When we were planning this, our very generous "Mister cannot do enough" Roy Harris, ably assisted by goddess Theresa, sprung to attention and through their terrific networking skills mastered a luncheon so superb showcasing the "fruits de mar" Geraldton has to offer.

His support troupe also included Kerry & Christina, Peter (blue), Colleen, Max Jones and Lyn. We indeed express our heartfelt and warm thanks to you all. Your efforts certainly gave our visitors precious lasting memories of their 18th May

The Geraldton Laurels met for a "Mother's Day" coffee and cake morning on Monday 3rd May.

Some of our Laurels really did show that their "Master Chef" skills have not been lost with Colleen Kennedy doing us all proud in providing delicious home baked sponge cakes and scones. Dulcie rounded up her dear friend and her niece to provide beautiful sponge kisses and a Mother's Day Cake and Barbara Salmond produced a wonderful fruit slice. Well done ladies.

"A recipe has no soul...you as the cook must bring soul to the recipe."

We had extra raffle prizes and Roy produced his "sheaf of jokes"...

luncheon at Birdwood House. Your generous efforts are appreciated beyond just ...thank you. The Lillies were envious of the generous and warm support we Geraldton Laurels receive from our Legatees.... without whose support we would not succeed.

We opened the bar for refreshments, and we thank Gillian again for her support and willingness to attend to bar duties....it was a good bill to pay. Our visitors and some of our Laurels went home quite well refreshed.

And of course, accolades need to go

Suffice to say the morning was a great success. A big shout of thanks to those who ably assisted in transportation for our Laurels with mobility needs.

Your help goes a long way in the journey of enlightenment for our mobility impaired members.

The Lillies from Perth (Lillies are war widows of the Vietnam era) embarked on a visit to Geraldton for a couple of days to take in the wonders of the mid-west. Our dear Laurel ladies extended an invitation to enjoy our hospitality with a wonderful "meet and greet" BBQ lunch at Birdwood House. This event was well attended by our Laurels and from all accolades. It will be a lasting memory for us all.

out to our Laurels themselves who are always so willing to turn up for these events...without their support these events would not be the success that they are...thank you ladies.

"Let us be grateful to the people who make us happy....they are the charming gardeners who make our souls blossom"

Until we read again dear hearts...stay safe and well and continue to enjoy all the fruits of life on offer.

There you have itand with all good stories...there is always an ending....

Rockingham

So far this year things have been somewhat disappointing, due to not being able to find speakers and organising outings, due to so many organisations still running at reduced capacity, restrictions, and the mini lockdowns.

Our membership numbers at meetings have been lower than usual. We have had some ladies in hospital, some were sick and some with medical appointments and one with a fall that ended up as a hospital patient. I am pleased to say that most of these ladies are getting along well. We have recently had to say cheerio to Lea Southern who has moved to another nursing home.

21 members took the advantage of a free meal at an Italian restaurant on the Rockingham foreshore, a new venue for our club and was enjoyed by all who made it on the day.

We had a 'Baby Photo' day recently. Members brought along baby photos and told of their childhood memories growing up and work experiences. Brenda Goodwin was a Land Army Girl, which was a great surprise to us all ..Brenda is our 'Lady with a gorgeous hat' at each and

every meeting.

I suppose because of declining members, our Easter Bonnet Parade was of only two ladies this year. Judith and Kath both received chocolates for their efforts.

The nearest meeting to Anzac Day was our Memories and Memorabilia Day. There were lots of husband's medals, photographs and memories of wartime, both in Australia and England. Most interesting was a copy of the surrender by the Japanese in WW2, brought along by Patricia. We organised a wreath to be laid on the cenotaph in our local park on the day, despite there being no march again this year.

Badge Day at the Rockingham Shopping Centre was quieter than usual, we think because our position this year was at the quiet end of the centre. Despite this, and with the cash collected, donations, after the day sales by our Legatee, Kim, and the EFTPOS sales - eight of our ladies and Kim, raised \$1,643.60 for Legacy WA. Next year we hope to have a better position and if enough members are willing, to have a second table at Warnbro.

With the badge day in September looming, we are hoping to be able to find enough volunteers to help at both venues.

At our latest meeting, I organised a mini quiz with twenty questions which was enjoyed by all. The only complaint was that it was a bit early in the day for extra brain activity !!!

We have a speaker from Silver Chain, and also one of our usual visiting ladies who makes shopping and cooler bags and bingo, organised for the next few meetings .

Our Christmas in July is already organised to be at our meeting place, which is easy to get to and always does a great meal for us. Then it is AGM time again followed by our 30th Birthday Party, so a few things, finally, to look forward to.

We did welcome one new member recently, Anthea Inkpen ...who we hope will enjoy being with us.

In closing, to all our members who sadly have not made it to meetings recently.... come back soon ...we miss you.

And to all other Legacy ladies at other clubs, stay safe and warm.

Mandurah

Hello everyone in Legacy, hope you are all keeping well. Mandurah managed to have meetings and the AGM in March. Our new President is Yvonne Towler who has taken over from Anne Dunlop who did a great job for 7 years. We wish Anne well in her retirement and welcome Yvonne.

We all enjoyed the company of Rob and Fremantle Laurel Club for lunch in April. Congratulations Jill Smith who turned 99 in April and travelled to Canberra for a wedding. Best wishes also to Pearl Christmas's who turned 98 on Anzac Day and has just handed in her driver's licence! Olga Radford turned 97 on Anzac Day and is still driving. Well done all of you!

Happy birthday for Anzac Day to Legatee Harry Hanaveld - we think he has some years to catch up.

We will be taking trip to Wellington Dam in May to look at the spectacular mural.

Yvonne and I went down to camp and enjoyed our time with the other 8 ladies and Lorna from Bunbury who had her carer son Trevor. Thanks to Nathan for all the wood and care. Lovely lunch Mother's Day

Sadly we lost Hilda Moulten who would have been 100 in June. She was a long time member and always had a joke.

Best wishes to members not feeling so well especially Greta Jolley hope to see you all soon.

Barbara Keillor

Secretary, Mandurah Murray Legacy Laurel Club



Perth



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ROUND 17 - 31.07.21 V SWANS

ROUND 20 - 21.08.21 V FALCONS



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CHASE THE SHARK, \$7 PINTS



EAST FREMANTLE FOOTBALL CLUB
NEW CHOICE HOMES PARK - MOSS STREET
EAST FREMANTLE WA 6158



Legacy Widow's Vale

Rest in Peace to all of Legacy's Beneficiaries who
have recently passed away

Marjorie Galliot	Betty Grey	Pearl Hill
Jessie Hood	Ruth Harris	Mary Hunter
Emily Doyle	Lorna McKinnon	Marjorie Jackson
Catharina Mitchell	Winifred Hunter	Kathleen Ottaway
Joan Billett	Marion Taylor	Valerie Neil
Margaret Perkins	Mavis Emmett	Roma Thompson
Joan Exley	Audrey Illich	Audrey Behn
Pauline Cherry	Beryl Wraight	Patricia Scully
Julie Wilson	Ivy Beeson	Nancy Morrow
Christina Pritchard	Rae Harwood	Lesley Williams
Francis Bamess	Susan Searle	Patricia Sutton
Cecelia Batt	Muriel Heritage	Eleanor Dean
Joyce Piper	Marie Milligan	Beryl Gibson
Eila Norris	Marguerite Maxwell	Margaret Beech



Marketing

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