

Caring for the families of those who served their country

LEGACY TIMES

Patron: The Honourable Kim Beazley AC,
Governor of Western Australia.



In this issue...

Legacy Christmas Jingle,
Remembrance Day and
much more.



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Legacy WA Legatees gathered around the Legacy Widow and Child Statue at Monument Hill, Fremantle.



Coming up...



Australia Day
26 January

Valentine's Day
14 February

47th Militaria Auction
Claremont Showground
10 March

Widow's Picnic
Legacy Holiday Camp Busselton
10 March

April Appeal Collection
Perth CBD
12 April

April Appeal Collection
Shopping Centres and
Bunnings Stores
13/14 April

Mother's Day
12 May



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Cover image: Legacy Bears in Yagan Square on Remembrance Day.
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Legacy WA President's Message



It's been a busy start to 2019, and as I write this I am in Busselton at the annual Legacy WA Children's Camp with over 80 Legacy Children having the time of their lives. Once again, the Army and Legacy supervisors are doing a terrific job, and possibly having more fun than the kids!

It was my great honour to be elected as President of Legacy Western Australia in November 2018 after a long association with Legacy since 1979 as a Ward, Army supervisor on the annual children's camps and as a Legatee in Perth and Canberra Legacy. The highlight of the President's Handover Lunch was the opportunity to catch up with the Legatee who was my support throughout my childhood, Ralph Hoger. Ralph was gracious enough to say a few words about his time as my Legatee, and it has been great to reconnect with him after a long period.

The high point of 2018 was the amalgamation of Torchbearers, Fremantle and Perth Legacy Clubs into a single entity – The Legacy Club of Western Australia. The fact that this was achieved so quickly, with minimal disruption, was due in no small part to a small band of dedicated Legatees including Arthur Peters, Matt Granger, Peter Heeney and Pat Hall, supported by the Executive Officer Rob Mathew (Ratkovic).

2018 also saw major upgrades at the Legacy Camp in Busselton, continued education support for our Legacy Children as well as the highly successful mid-year Gala.

I had the pleasure of meeting the President and CEO of Legacy Australia, Legatee Rick Cranna and Scott Warr respectively, when they attended the

Presidents lunch. They spoke highly of all their experiences and interactions with Perth Legacy and congratulated us on the smooth transition in the development of our new entity, Legacy WA.

I see the next six to twelve months of Legacy WA as very important to ensure we consolidate the position of the new entity and ensure our processes and procedures are correct, efficient and supporting Legacy WA's mission. A major part of this is the evolution of the Board from a Board of Management to ensure we are thinking more strategically about the future of Legacy in WA.

I also want to ensure Legacy WA's service delivery to our beneficiaries is of the highest quality, and as such we will be looking to conduct a survey in the near future to seek feedback on what services and support you want and need from Legacy.

Please have a safe and happy 2019, and I look forward to sharing with you the work of Legacy WA in the newsletters to come.

Legatee Peter Emmett



Legacy WA President Peter Emmett alongside Legatee Ralph Hoger.



The Joy of Hearing for all Legacy WA Members

Legacy House now offers hearing clinic services through our partners at *The Hearing Clinic*. The Hearing Clinic will not only help you regain the sounds that have slowly faded away, but we promise to treat you like you are our own favourite grandparent or best friend – we love a chat and a cuppa!

All of the clinicians are fully qualified Audiologists and Audiometrists who are highly trained and experienced in providing specialist services to you. The team offers genuine support for those experiencing hearing loss or seeking hearing solutions.

At *The Hearing Clinic*, we offer a range of services and hearing aids to suit every budget for private patients, Pensioners Card and DVA Card Holders – we combine exceptional service with premium products with the best value in Busselton, Mandurah, and Perth for all Legacy and RSL members.

Our wide range of hearing aids means that you will receive a perfect match to restore your hearing, and our follow up and adjustment service is free of charge.

Our Busselton clinic also offers a free door to door

pick up service on the day of your appointment – just ask when you call.

Locations:

Legacy House – 1130 Hay Street, West Perth

Busselton – 8 Prince St Busselton

RSL Building Perth – Level 3, 56 St Georges Tce, Perth

Mandurah – Unit 5, 25 Sholl St Mandurah

To find out more about the Government Hearing Services subsidy or to book a hearing test please contact us on the details below.

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Notice - Legacy WA Annual Diaries 2019

The Legacy WA Annual diary for 2019 is available to order from Legacy House. Ladies that are a part of a Laurel Club, your diary will be distributed at your first meeting in 2019.

Ladies who are not a part of a Laurel Club, please contact the fundraising team at Legacy House on (08) 9486 4900 or email communications@legacywa.com.au.



Legacy Does More to Remember

 Remembrance Day, 11 November 2018.

At 11am on 11 November 2018, the nation stopped with a minute's silence to remember those who died or suffered in war and armed conflicts.

Every year we carry out this silence in appreciation of the sacrifices made. As 2018 marked 100 years of the Armistice that ended World War One, Legacy WA wanted to do more than just remember.

Our Remembrance Appeal started on 1 November with 30 cafes and pubs across Perth displaying our collection containers for the month. The Sandbar raised \$346 with their '\$1 from every Coopers Schooner and Murphy's Irish Pub in Mandurah raised a massive \$4,415.65 with their meat raffle and other collections. On the Day, the fundraising team and a rally of volunteers were

invited into Yagan Square to collect donations by local restaurant Street Eats Eatery. Street Eats hosted a Sunday Session with flowing canapés and cheap pints with proceeds from the canapés donated back to Legacy; over \$1,000 was raised!



Plenty of community fundraising took place in November as well. Special mention to WA RSL Bowls Section who donated \$2,000 raised at the club. Residents at Settlers Ridgewood Rise raised over \$900 for Legacy WA at their Remembrance event, and longtime volunteer Russel Monk together with his family, collected \$1,511.90 at Bunnings in Australind. With many more activities throughout the month, we raised \$20,000 within our local community and alongside our Direct Mail campaign, the Remembrance total has since jumped to over \$40,000.

Having not had an appeal for Remembrance until now, this result has completely exceeded our expectations and has set the bar high for next year!

A humongous thank you goes out to all of the volunteers who lent a hand during this appeal. The graduate team at Thales, regular volunteers/Legatees' Wendy Ezzy and Bill Roberts and TechnipFMC regular, Cameron Webb were all eagerly shaking tins in Yagan Square on the 11th.

With the support of volunteers, community groups and a number of local businesses, Legacy WA was able to do more than just remember in 2018.

The Gift of Giving

The kind members of Ellenbrook RSL Sub Branch donated 20 Christmas Hampers to Legacy WA which will be distributed by Legatees to some of our ladies who are doing it a bit tough at this time of the year.

Our heartfelt thanks go to the Club Secretary, Cassandra McQueen, who organised the hampers with her young band of RSL members and families.

The generosity of the RSL

Sub Branch will ensure some Christmas joy with a few extra goodies on such a special day on the calendar.

Pictured below are two Legacy ladies receiving Christmas

hampers delivered by Vareena Johnson and Kirstie Morrison, with one of the ladies receiving a donated second-hand television replacing one that has gone to TV heaven.





Legatee Dot Murray alongside Legatee Trevor Gunning manning the fundraising tent at the Market Day.

Market Day

This year's Market Day, happened to coincide with the 100-year celebrations of the cessation of World War One. In accordance with the occasion, at 11am the last post was played, followed by a minutes silence and the reading of the ode.

The day was a great success with over 400 people in attendance. A number of stall holder items were included into three prizes that were then raffled to raise \$1,137.75. This coupled with the sale of some plants grown by Legacy widow Val Bell and the sale and donations towards Legacy merchandise rounded up a grand total of over \$1,300.

Many thanks go to Jessica and Rob for supporting the day as well as my wife Jeanette and my sister Dot.

Yours in Legacy

Legatee Trevor Gunning

True Grit 2018

Over the weekend of 27-28 October, the team from Legacy WA headed down to Donnybrook for True Grit 2018. Set to deliver a truly unique experience for those who dare, the 12km course with over 30 obstacles is not for the faint hearted.

Testing both the mental and physical grit of participants, each member of the Legacy team made it across the finish line!

The sense of community that True Grit has built is extremely humbling and with everyone willing to lend a hand, it is near impossible not to complete the course no matter your fitness level.

Legacy is one of the benefiting charities from this event and for every volunteer we provide we receive \$50. With a special

thanks to the team from Step Into Life, we provided 48 volunteers and raised \$2,400 for Legacy WA. On the Saturday we had too many volunteers, a problem the True Grit WA organisers have never had!

Thank you to True Grit for choosing to support Legacy and we can't wait to do it all again next year!

From left to right:
Paul Richardson,
Jessica Kirstenfeldt,
Vareena Johnson and
Emily Mullins.



you're invited to...

The Annual Legacy WA
Widows' Picnic
Sunday 10 March
Legacy Holiday Camp
128 Caves Road, Siesta Park WA
RSVP by 15 February to Robyn Follington on (08) 9486 4900
or email reception@legacywa.com.au

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Riverton * Rockingham

When God Created the Military Wife



The Good Lord was creating a model for military wives and was into his sixth day of overtime when an angel appeared. She said, "Lord, you seem to be having a lot of trouble with this one. What's wrong with the standard model?"

The Lord replied, "Have you seen the specs on this order? She has to be completely independent, possess the qualities of both father and mother, be a perfect hostess to 4 or 40 with an hour's notice, run on black coffee, handle every emergency imaginable without a manual, be able to carry on cheerfully, even if she is pregnant and has the flu, and she must be willing to move to a new location 10 times in 17 years. And oh yes, she must have six pairs of hands."

The angel shook her head, "Six pair of hands? No way!" The Lord continued, "Don't worry, we will make other military wives to help her. And we will give her an unusually strong heart so it can swell with pride in her husband's achievements, sustain the pain of separations, beat soundly when it is overworked and tired, and be large enough to say "I understand" when she doesn't and say, 'I love you' regardless".

"Lord," said the angel, touching his arm gently "Go to bed and get some rest. You can finish this tomorrow". "I can't stop now", said the Lord "I am so close to creating something unique. Already this model heals herself when she is sick, can put up six unexpected guests for the weekend, wave goodbye to her husband from a depot, pier or runway and understand why it's important that he leave."

The angel circled the model of the military wife very slowly, "It's too soft".

"But tough", the Lord said excitedly, "You cannot imagine what this being can do or endure."

"Can it think?" asked the angel. "Can it think!?" It can convert 1400 into 2pm." replied the Lord.

Finally, the angel bent over and ran her finger across the cheek. "There's a leak", she said. "I told you that you were trying to put too much into this model."

"It's not a leak." said the Lord. "It's a tear." "What is it for?" asked the angel. The Lord replied, "It's for joy, sadness, pain, disappointment, loneliness, pride and a dedication to all the values that she and her husband hold dear." "You are a genius!" exclaimed the angel.

The Lord looked puzzled and replied, "I didn't put it there".



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And while we're proud of everything we've achieved, we'll never stop looking for ways to do more, because for us 'care' is more than just a service.



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2018

Legacy Christmas Jingle

Once again the Legacy Christmas Jingle saw over 300 Legacy beneficiaries enjoy an afternoon full of love, laughter and of course a surprise visit from Santa. The Crown Ballroom was lit up with some very jolly accessories including flashing necklaces, pudding hats and dancing Santa's.

A special thank you goes to the 7th Heaven Vocal Duo who had everyone out of their chairs rocking around the Christmas tree with hits from The Andrews Sisters and well known Christmas songs.

It was great to see so many attending the Jingle for the first

time and to see almost all Laurel Clubs represented. For many the Jingle provides the perfect opportunity to not only catch up with old friends but to mingle with others they may not have met before.

Another thank you goes the Marlene Robins, the Laurel Club



Convenor, for pulling together the festive afternoon that was enjoyed by all.

We hope that all those part of the Legacy family had a very merry Christmas with their closest family and friends and

we look forward to seeing you in the New Year.

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meeting in 2019.

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2019 Camp Dates

Camp 1	Fri 15 - Tue 26 February	Yvonne Cocker/Elvie Cartmell
Camp 2	Fri 15 - Tue 26 March	Rosemary Ricetti/Linda Archer
Camp 3	Fri 26 April - Tue 7 May	Betty Rochford
Camp 4	Fri 18 - Tue 29 October	Gae Donaldson/Dorothy Cunningham
Camp 5	Fri 8 - Tue 19 November	Barbara Keillor

Legacy Holiday Camp Busselton Booking Form

After receiving feedback from a number of Legacy Times readers the Legacy Holiday Camp Booking Form is no longer incorporated in the Legacy Times Newsletter instead it is a separate insert.

We hope this insert provides ease of use and if you have any further suggestions please email communications@legacywa.com.au or call the fundraising team on (08) 9486 4900.

A Visit to the Legacy Holiday Camp Busselton



Below you will find a few lovely words from the Northern Districts Laurel Club about why you should pack your bags now and visit the Legacy Holiday Camp Busselton.

After a lovely bus ride, Steve our Legatee drove us to the camp which is situated amongst beautiful shady trees, and the calming Bay, a wonderful setting for a relaxing 'timeout.'

We were given the key to our chalet and informed of ongoing activities, which were usually after dinner. Of course we were not obliged to participate but it was good fun and we got to know the other ladies, some of whom were from various Legacy groups.

There was a TV in the community hall, as well as a large one in a separate building. The meals area was adequate enough to allow us to store our groceries in the pantry as well as perishables in fridges and freezer. There was ample coffee, tea and milo for breakfast which was supplied with bread and jam.

The ladies were taken to the town centre as some of us needed to buy some requirements for our meals. There are a variety of shops and eateries, not forgetting the seniors' affordable meals. After the visit there was bingo - eyes down if you are a fan. The cinema was handy and screens some good movies.



Legacy Holiday Camp Caretaker, Legatee Steve Stoll and wife Angie Stoll

There are times when Legatee Steve and his lovely wife Angie took us on an excursion and we enjoyed getting to know the area around Busselton.

In closing, may I encourage those ladies who have not been to camp to 'have a go' - you won't regret it.

Steve and Angie are so friendly and kind - we certainly are lucky to have this beautiful camp. Thank you to Legacy and those involved.



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MON	PARMI NIGHT: BIG 300g SCHNITZELS; MEXICAN / HAWAIIAN / SEAFOOD / ORIGINAL / OR ONE OF OUR FAMOUS GRAVIES WITH FRIES + SALAD \$17 (DINNER ONLY)
TUE	STEAK NIGHT: HUGE 300g SIRLOIN OR T-BONE W/ CHIPS, CHOICE OF SAUCE & SALAD \$19 (DINNER ONLY)
WED	WINGS SPECIAL: 1/2 KILO SOUTHERN FRIED CHICKEN WINGS WITH WEDGES & BLUE CHEESE SAUCE/ RIB SAUCE \$16
THU	BURGER & BEER: CHOICE OF 4 GREAT BURGERS WITH FRIES & MIDDY OF TIGER BEER OR HAHN 3.5 \$20
FRI	FISH & CHIP'S FRIDAY: KILKENNY ALE BATTERED EMPEROR & CHIPS WITH TIGER MIDDY OR WINE GL \$19.50 (LUNCH ONLY)
SAT	DESSERT SPECIAL: INDULGE WITH A FRIEND, ENJOY ANY 2 DESSERTS FOR ONLY \$12. (AVAILABLE ALL DAY)
SUN	SUNDAY ROAST: SLOW COOKED ROAST OF THE DAY WITH SEASONAL VEGIES, YORKSHIRE PUDDING & RED WINE JUS \$19

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Another Garden Makeover Done and Dusted!

During late November, Legacy WA in conjunction with members of the Western Australian University Regiment (WAUR), undertook another gardening project for one of our ladies, Mrs Elma Brand of Ardross.

Corporal Trevor Nash, with his team of young soldiers, who incidentally had recently graduated from basic training; made light of some heavy work in weeding, pruning, and mulching as well as replacing some large cement tiles which were a trip hazard. The WAUR team was ably assisted by two of Legacy's younger office staff members, Kirstie Morrison and Vareena Johnson, who thoroughly enjoyed getting their hands a little dirty in their effort to make one of our ladies' lives that much more pleasurable.

The clean-up was organised as a part of Legacy's Garden Makeover Program, to help maintain the gardens of Legacy Widows and reduce the risk of falls.

Mrs Brand is now able to enjoy her garden just that bit more and shares it with some local birds who are quite friendly and pop in for their regular morning snack.

In an endeavour to reach more ladies who require a bit of a hand with their garden, we are

investigating further support options for 2019.

If you are a Legacy beneficiary or a Legatee to a family that is in need of assistance in the garden or for general maintenance please contact Legacy House on (08) 9486 4900.



100th Birthdays

Happy 100th Birthday Mrs Hamer

Mrs Hamer is a lovely gentle lady. The home where she is living told me that they were throwing her a party in the afternoon, which her son and family were going to attend. I

hope Mrs Hamer enjoyed the celebrations and it was an honour to be a part of such a special day.

Legatee De'Arne Prosser



Alma Boothroyd-Moore turns 100!

It was great to be a part of Alma Boothroyd-Moore's 100th birthday. She spent the day at her daughter's house in Greenwood where a large party had been organised for her and

was attended by friends and family. A lovely day was enjoyed by all.

Legatee De'Arne Prosser

Happy Birthday Kaye!

It's no secret that we love to celebrate, so when we had the opportunity to throw Kaye a surprise birthday party, we couldn't say no!

Turning 64 is the new 21 - and it was important all her close family and friends from across the Nulsen community were invited along for the special day.

Thank you to Nulsen Disability Services for welcoming the Legacy team into Kaye's home



and for all the support they provide Kaye and her family.

Legacy took care of the celebrations bringing in some catering, a cuddly animal farm and of course... cake! The smile on Kaye's face said it all.

Kaye's father served our country and Legacy now cares for his family.

Floreat Coastal Laurel Club

Greetings to all Laurel clubs. We are all looking forward to seeing you at the Jingle and know it will be another great day.

Since our last newsletter we have had a great day visiting the Amaze Village followed by a lovely lunch at Murphy's Irish Pub in Mandurah. This was a really enjoyable and interesting day.

We have also had a very informative talk by an

Occupational Therapist, letting us know about all the gadgets and apparatus available to help in the home.

After the Jingle we will be in recess until February, so we wish you all a very happy and healthy festive season and new year.

Beryl Gibson
President

Rockingham Laurel Club

Hello to all fellow members of Legacy Laurel Clubs.

How lovely it is to enjoy some sunshine after all the rain - pity we couldn't have pushed it towards the parts of this country that needed it most, after all the suffering through drought and hardship.

On 30 August we held our birthday party with good attendance. I'm sure everyone enjoyed the day especially our invited guests including the EO of Perth Legacy Robert Mathew, Perth Legacy President, Peter Heeney, Fremantle Legacy President, Arthur Peters, along with staff and members.

Our retiring Legatee, Mark Stevens, was presented with a lovely engraved clock and thanked for all his work with our club; he was lost for words. The Port Kennedy RSL was alive with many happy people and the lucky ones won prizes in our raffle.

A long-time member, Win Reed, has moved to Joondalup to be with her daughter. We hope she joins a Legacy club in the area and we wish her well. Another member, Pauline McDonald, passed away

and we remembered her with a minute's silence.

'Thank you' correspondence was sent from RFDS for our annual donation and also from Salvation Army for their Christmas Appeal. Joseph's coat has closed down but they thanked us for all our donations over the years.

We recently visited the Avon Valley for morning tea. It was such a lovely setting and because of all the rain, the stream was gushing. Later we went to see a patch of wildflowers then had lunch at Bindoon Bakery where the food and service was first class. We also made the trip to Mason Mill Gardens and enjoyed lunch and the roses. It's lovely to visit various places and we all enjoy the outings.

Lois (The Stamp Lady) and her husband have been on a cruise and we trust they have experienced smooth sailing and are well rested.

Joanne and Fiona from DVA visited our club and spoke to us about how to put your will in order and inform your children of your wishes. It is most enlightening.

Our President Pauline's great-grandson made a large picnic table whilst during woodwork at school. He has kindly donated this to Legacy to be raffled - what a lovely gesture!

Several of our members attended Remembrance Day services; a big thank you to all ladies who knitted poppies to be displayed.

In closing, we would like to wish all fellow Legacy members and Legatees a joyous festive season to share with family and friends. Take time out to relax during the break.

Jan Firth
Secretary



Geraldton Laurel Club

Hello again to all our dear Laurels. Winter has left us...so someone said...but I wonder! Still looking forward to summer and hope it arrives soon.

Sadly we lost two links from our chain of friendship in the passing of Molly Clarke and Olive Patten. We honoured these ladies with a minute's silence for special and fond thoughts and respect. They will be sadly missed by all who were blessed to be associated with these two wonderful ladies.

Our meetings continue to be well attended with the Melbourne Cup sweep being the centre of attention for our November meeting. Several ladies rocked up in fantasy hats and some displaying elegance.

Winner of the hat display being Brenda Ellis for sheer elegance and runner up was Dulcie Valenti for novelty and bravery. Chocolates and lollies were presented to our winners.

Now that is Roy our Legatee in the background looking cheekily envious of Brenda's stunning display.

Well done to Dulcie - a look at the camera would have been good. Think she is concentrating on the Melbourne Cup field. Enjoy the lollies.

Our Melbourne Cup was again successful...we always manage to sell our horses....we save very hard for the joy.

Winner of the sweep was Shirley Travers riding Cross Counter with Marmello being urged to

second place by Dulcie Valenti and Shirley Travers rode Prince of Arran into third place. Well done to these Laurel Fillies, particularly Shirley being gifted enough to ride two horses in the 2018 Melbourne Cup.

Cannot help myself...just got to pass this one on **Laundry today or naked tomorrow.** Mmmmm wonder if that works!

We again are gathering at the Wonthella Bowling Club on Monday 3 December for our Christmas Lunch. Last year was wonderful and expect this year to be just as good. We have a "mystery Santa" organised which is always a lot of fun with some very good novelty gifts on offer.

Well dear hearts - Best wishes to all our Laurels everywhere. Geraldton Laurels extend the warmest of greetings to all for a very safe and enjoyable festive season. May continuing good health and happiness be with you all.

And in closing I leave you with this special meaningful thought.

Be happy within yourself because comparison is the thief of joy.

Until we read again, stay safe and well.

Barb
Publicity Officer Geraldton (P.O.G.)



1. Winner of the hat display, Brenda Ellis.
2. Runner up, Dulcie Valenti for novelty and bravery.

Gosnells Laurel Club

Greetings to all Laurel Club members and Legatees.

Can you tell that the year is speeding to its end? Not that the weather is improving, or have you shed the doona and pulled out the t-shirts? It was scary to see the Christmas decorations arrive mid-September; I tried not to look as I walked through Spotlight. Maybe we will see Easter bunnies and eggs in January? I hope not.

At Gosnells we have acquired two new members, but three others have retired. Ivy Beeson was the secretary for sixteen and a half years until she caught me to carry on and will visit when she can. Joy Conroy and Beryl Trent have both retired due to health reasons.

We continue to have meetings on the second and fourth Wednesdays of the month with lunch at one of the local taverns on the middle Wednesday.

We often have hear from different speakers and enjoy musical entertainment especially from the

entertainers. Don't forget cat bingo! I'm thinking to introduce the beetle game if I can find the information.

Mother's Day and Anzac Day will be well remembered with our final meeting for this year the 14 November with lunch at the Gosnells Hotel and final Christmas meeting lunch at Avocado's Café.

Then the icing on the cake, the Legacy Christmas Jingle! This will be the first Jingle for several of our ladies. It's a great day and thanks to Legacy and sponsors for a special outing.

Best wishes to all Laurel Club members Legatees and Legacy staff for good health, wealth and happiness for 2019.

Rosemary Cleary
Secretary

South Perth Laurel Club

Greetings to all Laurel ladies, we hope you have been keeping well and looking forward to the warmer weather.

We recently enjoyed a visit from the Legacy WA Fundraising Team who came on the right day as the South Perth Senior Citizens Centre had put on a Christmas morning tea for our last meeting of the year. Thank you to Margaret and the team from the centre who always go out of their way to take care of each and everyone one of us each Thursday.

The Legacy Christmas Jingle was enjoyed by all and the 7th Heaven Vocal Duo was the highlight of the day with many of the ladies up dancing and singing along.

We wish you all a very merry Christmas and a happy new year.

Cecilia Batt
President

The South Perth Laurel Ladies at the Christmas Jingle.



Kalamunda and Districts Laurel Club

Greetings to our fellow Laurel Club ladies and we hope that you are all well and looking forward to Christmas.

In November we had our last meeting for the year which was also the Club's 33rd birthday. This was celebrated with a special afternoon tea enjoyed by members and visitors.

Some of our bus outings in recent weeks have included lunch at Bluewater Steak House in Applecross which has beautiful views of the river and city. It was a pleasant sunny day for our guided tour of the Kings Park Gardens and the flowers were magnificent. WA is so fortunate to have this parkland in the centre of the city.

Next week is our last bus trip to the South Perth Yacht Club and our Christmas Lunch will be at Carilley Estate Herne Hill in December. We have all enjoyed these outings throughout the year and thank the Kalamunda City Council for providing the buses free each month.

We are looking forward to the Jingle and thank all who are working so hard to make it again a great success. It is also a time to meet friends from other clubs.

We have also welcomed a new member, Marion Davis, and this has now increased our attendance numbers to fifteen, with five ladies sadly no longer able to attend. Our thanks and appreciation goes to our Legatee Warrick Rankin and his Wife Kaye



who attend all our meetings and Warrick is the bus driver for our outings.

Next year our first meeting will be held at 1.00 pm on 15 February at the Jack Healey Centre, Kalamunda. We look forward to and welcome any new ladies who may wish to come along.

To all our Legacy ladies we send best wishes for a happy Christmas with family and friends and may the New Year bring to everyone good health and many blessings.

Angela Waters
Secretary

Midland and Districts Laurel Club

Hello and best of wishes to all our fellow club members and Legatees.

With the festive season fast approaching, it's time to celebrate and think of the good times we have enjoyed as a club and reflect on those who are no longer with us.

On a happier note, a few of us are heading off to the Busselton Holiday Camp on 9 November and looking forward to catching up with fellow members of Legacy including Angie and Steve.

We welcome three new members, Marcia, Christine and Cecelia; it is lovely to have your company.

We had the most enjoyable trip to Toodyay on 18 September, a lovely spring day with lunch at the

Freemasons Hotel, a visit to the Christmas shop and a lovely stroll around the town.

Last month, before our meeting on 3 October we all met for lunch at the 7th Avenue restaurant, a very enjoyable outing.

Thanks once again to Legacy for the assistance given to us throughout the year and our get together at the Christmas Jingle which I am sure will be an enjoyable time for us all.

Very best wishes to all for the festive season and the New Year ahead.

Lilian Cottingham
Midland and Districts Laurel Club Member

Lillies Laurel Club

I've just come back from the Legacy Holiday Camp Busselton; what a beautiful place! There was a lot happening around the camp site and even though one of the days was overcast it didn't stop the ladies from going on walks, swimming, relaxing and enjoying the atmosphere. See some of the photos below of the view we had from the beach.

The camp was beautiful and clean and both Steve and Angie were attentive hosts, friendly, happy and have knowledge and history of the camp. They looked after all our needs and Steve cooked us a BBQ Friday evening and the steak was equivalent to filet mignon or rib eye, such a treat. One evening Angie drove us around in the Legacy bus to a lovely Chinese dinner, this gave us a chance to learn more about one another.

We watched the pouring of new concrete pathways surrounding the new disabled flat as well as the Legacy WA staff participating in a staff development day, including a yoga class on the lawn!

Always at this time of the year I like to thank the committee for their hard work during 2018, Treasurer Cheral Harman, Secretary Pam Deveson and Social Events Organiser De'Arne Prosser. During the last twelve months we had an extra 31 widows added to our group and this takes a lot of monitoring. The Lilies had regular meetings but I want to end the year with a laugh.

Zucchini propagation!

At the end of a wonderful meeting at the Walters Café Point Walter, a discussion was held because a

member had to go home earlier than anticipated, to see if her zucchini plants bloomed. But it wasn't the fact that the flowers were blooming it was the checking of the length of the blossom. The male blossom has a long, slender stem, while the female blossom is on a short stem. We all nodded, not knowing exactly where this was heading. If your garden doesn't have bumble bees or bees pollinating the male with the female plant, the pollinating has to be manually carried out. In great detail our member described how she has to open up the blooms to inspect inside because only the male blossom has a stamen in the centre of the flower, which is a slender stalk to enable fertilisation. Her demonstration was what kept us in stitches. We all learned a lot that day!

The 2019 planner will be sent out but here are a few dates to keep in mind.

- 21 January – Welcome to 2019 at Cheral's place
- 21-25 February Albany – Field of Lights: Avenue of Honour and the National ANZAC Centre
- 21-26 May – Busselton Camp
- 20-21 July – Yanchep Inn sleep over and Christmas in July
- 29 October - 3 November – Busselton Camp

Enjoy the Christmas season and it is so nice to constantly see happy positive ladies every meeting.

Georgina Hall
President



Mandurah/Murray Laurel Club

Hi to all Legacy ladies and friends, at last some lovely warm weather and we were recently lucky enough to enjoy the peaceful surrounds of the Legacy Camp.

The Mandurah/Murray Club recently enjoyed lunch at the Silver Sands Hotel. In September we visited the Taxidermy museum at Guildford followed by lunch at 7th Avenue.

I escaped in October to spend time with family in Cairns and enjoy some warm weather. I returned to do an enjoyable river cruise with 17 of our members up the Swan River from Perth to Fremantle and finished off with fish and chips at Kailis. Recently we had morning tea at Kings Park and a scenic drive around to see the remains of the wildflower season.

At our September meeting Andy from the Hearing Clinic attended to inform us about his new clinic in Mandurah and his support to Legacy. As its November I am once again hosting my camp at the delightful Legacy Holiday Camp, Busselton. It was great to welcome seven new ladies this year; Wendy, Annie, Doreen, Dot, Milly, Margaret, and Audrey. I hope they enjoyed the time with us as much as we enjoyed their company.

We enjoyed a special service in Busselton for the 100th anniversary of the signing of the Armistice which was well done and well attended. As always many thanks to Steve and Angie for their care and attending to our every need. Thanks to Terry for our most enjoyable fish and chips tea. It's been a busy time with decorating pots for the Bunnings worker Bee, a lovely morning tea with Vasse



Mandurah Boat Cruise- Pearl, Marie and Marjorie



Ladies at camp

Laurel Club, visits from Lorraine the Historian and an occupational therapist.

On 27 November we will have our Christmas lunch and then the Jingle. Many thanks to Legacy for all you have given us this year and for making life for the widows that much better.

Until our next meeting on 18 Feb 2019 best wishes to all. Have a safe healthy holiday.

Barbara Keillor
Secretary

Menora Laurel Club

Hello to all our Laurel Club ladies, I would like to take this time to wish you all a merry Christmas and a Happy New Year.

I will miss this year's Jingle but several of our ladies will be attending, I hope it will be as successful as it has been in the past.

Our ladies meet on the first Wednesday of the month at 15 Plantation Street, Menora. If you live in the area you are very welcome to attend.

We have had our Christmas break up party for the year, we went to the same place as last year

and unfortunately it was not as good as the venue had changed hands. But never mind we will go somewhere different next year.

To make up for being unable to go out we have had some lovely times at our club days having special morning teas and lovely chats.

I am sorry to have to cut this short as my plane is about to take off!

Keep well ladies.
Jan McLeod
President

Northern Districts Laurel Club

Our club was very sad to hear of the passing of our dear member Lola Spivey in her 98th year. Our thoughts and prayers are extended to her family and her many Legacy friends.

It's hard to believe it's not that long to Christmas and we are looking forward to catching up with our friends at the Jingle.

We welcomed Steve Danaher, a member of the Legacy staff, who told us about updates that we should know of their future plans for helping our Widows. Steve also encouraged more of our members to visit the Legacy Holiday Camp Busselton.

A bus trip to Romancing the Stone Gardens in Maida Vale was enjoyed by all members who said the gardens were beautiful; a credit to the owner who prepares them. We then enjoyed lunch at a local winery.

Kathryn Lawrence and Selva Stenros from the Citizens Advice Bureau Joondalup, talked to the ladies about Legal advice available as well as information on wills and elder abuse. Detective Sergeant Peter Feast from Hillarys Police station also came and spoke to our members about personal safety. He touched on the importance of being very aware of your surroundings when shopping with a trolley at the bigger shopping centres in our area. Our club has had two bag snatches recently which is very frightening and upsetting.

On Remembrance Day our Club joined with the North Beach Community Centre and had lunch at the Bowling Club following the Service.

We hope our Legacy friends and family have a happy healthy and safe Christmas.

Sue Jarvis

Vasse Laurel Club

On Wednesday 10 October, we all enjoyed a mystery tour conducted by Gannaways Charters and Tours. The day was overcast with rain threatening as we headed off toward the east. We stopped at the local park in Nannup where we were served with hot tea, coffee, cake and biscuits. The local magpies dropped in to pick up any crumbs.

After morning tea we headed off towards Bridgetown where we stopped for lunch at the Cider Factory. The meals were lovely, with a choice of three different selections. We also enjoyed some cider tastings and many purchased some to take home for later. We also enjoyed a walk in the gardens.

On our way home we stopped at the Donnybrook Fruit Market to purchase locally grown fresh produce.

Everyone enjoyed their day and the rain held off which made for nice cool weather for travel.

In November we attend the Legacy Holiday Camp for morning tea where we all take a plate and Legatee Angie Stoll makes us scones. This is always a day we look forward to.

Florrie Hill
Secretary



Bunbury Laurel Club

We hope you have been in good health and enjoying the warmer weather.

We have been very busy ladies with a Christmas lunch in November at the Prince Hotel which was enjoyed by all. In early December we attended the Legacy Christmas Jingle with a few new members who had not attended a Jingle and everyone had a lovely time.

Every Thursday on the even weeks, the ladies meet at Bunbury RSL for their meeting and on the

odd weeks the ladies meet at Muffin Break for a coffee and catch up.

Best wishes to all Legacy ladies and we hope you have a wonderful Christmas and a prosperous 2019.

Rosemary Ricetti
President

Fremantle Laurel Club

Fremantle Laurel Club has had a busy year, as always, with many outings and wonderful times with our members. Since September, we have enjoyed outings to Chidlow, Mundaring Weir and Seabird as well as enjoyed a fantastic Melbourne Cup Lunch and of course the Legacy Christmas Jingle.

We are sad to lose our Fremantle Legacy, but hope that Legacy WA will continue the fantastic work

and support we have received from both Perth and Fremantle Legacy Clubs over the past 90 years.

Our Fremantle Laurel Club will continue with a full program of events for 2019. We look forward to welcoming friends old and new.

Margaret Carbon
Social Secretary

The Wedding Bells are Ringing



At 4pm on 8 September 2018, Legatee Dot Squire married Allan Murray at the Legacy Holiday Camp Busselton, surrounded by family and friends.

So what happens when you have a Queensland ex Stoker from Brisbane 41 meet an Airwoman from the NZ Airforce in Perth? They get married – and where do you celebrate this occasion but at the Legacy Holiday Camp Busselton.

The day started out cloudy, but with the blessings from above, the rain stopped at 2pm and a lovely afternoon was had.

The Marriage Ceremony was shared and blessed by family

and friends who attended from near and far.

So no matter how old or young you are, a better place could not have been chosen for these amazing memories.

Busselton Camp always creates special memories for all the kids that attend, and now special memories have been created for these young ones!

Legatee Dot Murray (Squire)





Recipe

Cherry Pistachio Stollen

Stollen is a traditional German Christmas bread filled with fruit and nuts.

INGREDIENTS

- 100g red glace cherries, halved (see note)
- 1/2 Cup (95g) mixed peel
- 1/2 Cup (75g) pistachios
- 1/4 Cup (60ml) orange liqueur (such as Triple Sec, Cointreau or Grand Marnier)
- 2 Teaspoons (1 sachet/7g) dried yeast
- 1/2 Cup (125ml) warm milk
- 1/3 Cup (70g) caster sugar
- 125g butter
- 1 egg
- 1/2 Teaspoon finely grated orange rind
- 1/2 Teaspoon ground cardamom
- 3 Cups (450g) plain flour
- 40g butter, melted
- 1 Teaspoon ground cinnamon
- 1 Cup (150g) icing sugar mixture
- 1 Tablespoon milk

METHOD

1. Combine cherries, mixed peel, pistachios and orange liqueur in a medium bowl. Set aside for 1 hour to macerate.
2. Combine the yeast, milk and 2 teaspoons of the caster sugar in a small bowl. Set aside for 5 minutes or until foaming.
3. Use an electric mixer to beat the butter and remaining sugar in a medium bowl until pale and creamy. Add the egg and beat until just combined. Add the orange rind and cardamom and stir to combine. Add the yeast mixture and flour and stir to combine. Turn onto a lightly floured surface and gently knead for 5 minutes or until smooth. Place in a greased bowl and cover with plastic wrap. Set aside in a warm draught-free place for 1 1/2 -2 hours or until dough doubles in size.
4. Preheat oven to 180°C. Knock down dough with your fist. Grease 10 (1/2 cup/125ml capacity) mini loaf pans. Roll into a 40 x 50cm rectangle. Brush with melted butter and sprinkle with cinnamon. Sprinkle with cherry mixture. Roll from a long side to enclose filling. Use a sharp knife to cut crossways into 5cm-wide pieces. Place in the prepared loaf pans. Loosely cover with plastic wrap and set aside for 20 minutes to rise. Bake in preheated oven for 20 minutes or until golden brown and loaves sound hollow when tapped on the base. Turn onto a wire rack and leave to cool.
5. Combine the icing sugar and milk in a small bowl to form a smooth paste. Drizzle over the loaves. Leave aside to set.

Notes: If you don't like glace cherries, substitute them with sultanas or currants. You can also use any liqueur you prefer; kirsch (a cherry liqueur) also works well with this recipe. Also makes 2 large loaves.

Source: Taste.com.au

Puzzle

A	C	S	K	S	U	I	P	F	I	N	L	A	N	D	P	S	F	N	A	D
L	Z	F	A	W	N	Y	O	I	N	J	I	Q	W	O	A	C	W	S	B	S
M	A	P	O	R	T	U	G	A	L	V	Y	U	B	Z	F	Z	R	E	E	U
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B	C	G	L	D	R	T	U	L	M	K	H	Y	L	U	R	C	Y	O	R	N
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European Countries

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| Albania | Czech Republic | Lithuania |
| Austria | Denmark | Netherlands |
| Azerbaijan | Finland | Portugal |
| Belarus | France | Romania |
| Belgium | Greece | Sweden |
| Bulgaria | Germany | Switzerland |
| Croatia | Italy | United Kingdom |



If you have recipes or anything of interest you'd like to be included in your Autumn newsletter, please send them our way either by email (marketing@perthlegacy.com.au) or by post to: PO Box 1983, West Perth WA 6872 by the 6 February

We remember. We honour. 100 years on.

On this day – as every other day of the year – Joan pauses to remember Jim, her husband of 57 years. This loving war widow salutes him not only for his military service, but for his devotion as her husband and father to their three daughters.

Joan is now in her early 90s, and the youngest of their three girls, Kathy, is now in her 50s. Kathy recalls her dad as "...firm but fair: a bit of a pussycat actually!" Born with an intellectual disability, Kathy was very close with her father, and very proud of his war service and his community volunteer work later in life.



Jim served with the 2/4 Australian Field Regiment (Australian Army) in the Middle East and New Guinea from 1941 through 1946. He would meet his future wife on a train after he returned to Australia. They married in 1949, and in 1952 built their first home: where Joan continues to live, thanks to the support of people like you.

"This is the home that my husband built for us. It's where my memories of Jim and the girls and the family are. I couldn't imagine leaving this place... and I think Thank God for Legacy that I can stay here!"

Joan first reached out to Legacy not long after Jim passed away in 2007.

"I joined Legacy as I thought Kathy might benefit from involvement with their social programs and activities. I was also facing some big challenges getting my pension. Legacy stepped in...and they never gave up!"

Legacy spent more than two years fighting on Joan's behalf to help her access a War Widow's pension. For that, she is incredibly grateful.

"Legacy's determination in securing my War Widow's pension has been a huge help financially, and it has given me access to a wonderful level of medical support. And knowing that I can continue to count on their assistance to enable me to stay in my own home as I grow older; I can't thank Legacy supporters enough for that peace of mind!"

"But it is what Legacy has done for Kathy – the wonderful opportunities it has provided for her – that I am most grateful for. She has absolutely thrived since she has been part of the Legacy family."

Kathy credits Legacy with opening a world of opportunities to her over the years.

"They have done a lot to give me my independence," she explains. "Early on, they helped me with budgeting and they also gave me financial support when I needed it. Oh, and it was through Legacy that I learned to drive and get my licence... but the biggest thing was that they helped me get into my own place."

By donating you will bring much-needed support to the partners and children of veterans who have lost their lives or have been seriously injured as a result of their military service.

Thank you in advance, for your generous donation to support the families of those who served our nation.



Yes, I would like to support Legacy and help keep the promise

I do not need a receipt

Please accept my donation of

\$10 \$20 \$50 Other: \$ _____

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Please send me information in confidence on remembering Legacy in my Will.

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Credit card (details below)

Money Order (made payable to Legacy WA.)

Credit Card Details:

Mastercard Visa

Card No: _____

Name on card: _____

Signature: _____

Expiry date: _____

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