

# LEGACY TIMES



*Caring for the families of those who served their country*

Patron: Her Excellency the Honourable Kerry Sanderson AC,  
Governor of Western Australia



*In this issue...*  
*Queens Baton Relay,*  
*Annual Funcats Day*  
*and much more.*



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## Coming up...



**45th Legacy Militaria Auction**  
Claremont Showground  
15 April

**April Badge Day**  
Perth City  
18 April

**Badge Day**  
Shopping Centres  
21 April

**ANZAC Day**  
25 April

**Perth Legacy 90th Birthday Celebrations**  
Crown Ballroom  
9 June



### Perth Legacy

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West Perth WA 6005

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Opening Hours:  
Monday to Friday  
8:30am-4:30pm

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Opening Hours:  
Tuesday and Thursday 9am-3pm

Follow us...



Cover image: Legacy children from across the country enjoying the Legacy WA Annual Children's Camp Busselton 2018.

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## Perth President's Message

Greetings to all those part of the Legacy family, I hope you all had an enjoyable Christmas and New Year.

I am very proud of the service the Legatees, volunteers and staff provide for our beneficiaries. During 2017, Perth Legacy assisted 331 widows with their summer and winter fuel bills and other utilities; we contacted 2,451 widows and made 605 home visits, as well as 61 hospital visits; the Pensions Committee submitted 324 Pension applications to the Department of Veterans Affairs; we provided nearly \$80,000 worth of education grants to 28 of our child beneficiaries. The list goes on, which makes one proud to be a Legatee.

### 90 Years of Perth Legacy

Legatee Marlene Robins, is planning a dedicated birthday celebration for our beneficiaries at the Legacy widow and child statue in the gardens at Monument Hill, Fremantle. Details will be circulated shortly.

As reported in the summer newsletter, on 16 June 2018, Perth Legacy will celebrate its 90<sup>th</sup> anniversary with a black tie, sit down dinner at Crown. The fundraising and marketing team have thought of some brilliant ideas for the evening and I am very excited for the celebration.

### Bowls WA partners with Legacy WA

I had the pleasure of meeting with the state president of Bowls WA, Kerry Anderson and the Bowls WA CEO, Ken Pride on 1 March at the Osborne Park Bowling Club for the Country All Stars match against the State Squad. It was great to be involved and to see the excitement for the Bowls WA Legacy Week that took place from 5-10 March.

### ANZAC Day

ANZAC Day is fast approaching and I would love for anyone who is part of the Legacy family, to consider marching under the Legacy banner this year. Congratulations to two Perth Legacy

Legatees Steve Danaher and Wayne Gardiner for being chosen to co-broadcast the event for televised ABC coverage this year.

### Home maintenance

As we get a little longer in the tooth, the maintenance around the house can become a little more difficult to do. Legacy can assist you with these often difficult and often expensive tasks - including home maintenance and gardening. If you are in need of some help around the house or in the garden, please call the Perth Legacy office and the staff will arrange either via our Companions, Volunteer Taskforce or a registered Legacy handyman to help out.

### Who are Companions for Legacy?

The Companions for Legacy group are made up of former Legacy children who have reached an age where they are able to give back. They are a voluntary group who assist with tasks widows need some assistance with, Legacy children activities, fundraising and administrative support.

### Legacy Laurel Clubs

Throughout Western Australia, Legacy is proud to have 13 Laurel Clubs that meet regularly for meetings and social outings. The Laurel Clubs provide a great place to catch up with like-minded folks and most importantly to have a cuppa and cake. If you are interested in joining a Laurel Club and want to find out the nearest club in your area contact the Perth Legacy or Fremantle Legacy office.

It is my intention to visit as many of our beneficiaries as I can over the next twelve months including each of the Laurel Clubs. I hope to see you soon, until then take care.

### Legatee Peter Heeney



## Fremantle President's Message

We are back in the office after the summer break and Fremantle Legacy is looking at a very interesting year ahead. Budgets are being prepared this month and, like many other charities, we are facing increased costs, additional compliance issues and difficulty securing new and younger members.

At our first Board meeting in 2018, lengthy discussions were held about issues that need to be addressed by Fremantle. The Board met again two weeks later and is now looking at options to put to our members. I have been encouraged by the positive approach of our Board members regarding the direction the club needs to take.

Work on a major review of our widows' database is nearing completion of stage one. Legatees and staff have contacted or attempted to contact over 1,000 widows and updated their contact details. We have addressed quite a few areas where help was needed, however our Legatees will have to follow up further (stage two) where assistance is required. One great result from this project has been the increased number of widows joining our

two Laurel Clubs. This project and the contact with widows has really encapsulated what Legacy is all about – *The Spirit of Legacy is Service*.

Fremantle Legacy and Fremantle RSL continue to work closely together, and the RSL is looking at a longer-term agreement to rent space from Legacy House, Fremantle. The application to Lotterywest regarding a grant to construct three new office spaces upstairs, would provide an ideal home for Fremantle RSL. In the short term however, they continue to operate out of the Board Room where there are some IT issues which need addressing, to enable both RSL and Legacy to function more efficiently.

Finally, I would like to thank Perth Legacy for the invitation to attend the recent Board Training Day. Both Boards from Perth and Fremantle have some challenges ahead to energise Legacy in this state. It was a very thought provoking day and no doubt both clubs will have some interesting discussions resulting from this training day.

### Legatee Arthur Peters

## Camp history – share your story with us!

Legacy Holiday Camp Busselton is over 60 years old and we are putting together a collection of stories to help capture the true essence of the camp over the years. The history is far more than a collection of dates, names and board decisions. It's your history; we hope to hear from Legacy widows, Legacy children, Legatees, veterans, families and supporters who have visited the camp at some stage.

In order to do this, we need your help!

A 'Story Book' has been placed at the camp so that you can record memories while you are there, including anything you may want to paste in to the book, such as photos or stories you have already written.

If you won't be visiting the camp any time soon, please send your contributions to Legacy House.

What we want – your recollection of stories, photos, poems, drawings – ANYTHING that captures your memories of time spent at the camp. We of course want to make sure we get the details correct, so please include your name, contact details and the names of anyone in the photos you share with us (we can return photos to anyone that wants them back, too).

We look forward to hearing from you!

Please send to  
**Perth Legacy, PO Box 1983, West Perth WA 6872**

## Army Golf Club WA

A large group of regular playing members of the Army Golf Club WA cracked their previous Legacy handicap to donate \$1051.20 during their 2017 season.

The club was formed prior to Vietnam, in 1963, by a couple of Sergeants who spent their Wednesday afternoons chasing the little white ball around the course, which has since evolved into a well organised Golf Club comprised of current and ex-



servicemen, as well as members of the community.

Thank you to all members for their generous support.

## Two New Legatees to Join Perth Legacy

### Ian Cook

Ian Cook was born in Warburton, Victoria, and after completing secondary school in Melbourne, he attended Monash University, graduating with a Bachelor of Science (Honours) and a Diploma of Education.

After university, he taught in high schools until he applied for, and joined the RAN as a Direct Entry Instructor Officer. His career in the

Navy spanned over 35 years, included postings to the staff of the Naval College at Jervis Bay, the Garden Island Dockyard Modernisation Project in Sydney, a two year exchange with the RAAF at the RAAF Staff College, serving at sea in HMAS Jervis Bay, managing Training Administration at the Submarine Training School at HMAS Stirling, as Manager Corporate Services at HMAS Stirling, as OIC Training Centre

South at HMAS Cerberus, and as OIC of the Training Unit ANZAC Ship Support Centre at Stirling, plus numerous other postings.

Along the way he became a graduate of the Navy Staff College, completed a Masters Degree in Defence Studies from UNSW, and was awarded a Graduate Diploma in Management. Ian retired from the Navy with the rank of Commander.

Since retiring he has undertaken some overseas travel and worked on improving his golf handicap. Ian first became involved with Legacy via Torchbearers in late 2016, and since becoming a Legatee, has assumed the role of the Legacy WA Country Representative.

Ian is married to Erica, a teacher, and has two adult children – Stephanie and Robert.



### Georgina Hall

Georgina was inducted at fellowship in February and it is great to have her on board. With a rich military and Legacy history, Georgina reflects on how she came to be a Legatee;

I always wanted to join the military, and I'm not sure if that was through osmosis from my father's experience, but I clearly remember the conflict and arguments when I signed up for the army at 17. This was during the Vietnam conflict and the integration of National Service.

I was based at the School of Signals in Mornington, Victoria. Next door was the Apprentice Training Unit, so I was in absolute heaven at that time; there were over 800 men and around about 70 of us women! I met Len and married in 1969. I fell pregnant in 1972, in those days women couldn't stay in the military with dependents, so I had to choose another career.

I kept on for another six years in the part time army, having commenced with the first intake of Officer Training in WA. I trained as a high school teacher and worked in different areas of education, including a stint in Canada.

Although I have just hit my 14<sup>th</sup> year of widowhood, I want to detail a little of my understanding of where Legacy fits into my life.

My memories of being looked after go back to my childhood; specifically, the Christmas parties. I just loved them. I'm not sure if it was RSL or Legacy, but I can still remember the old wooden hall and the hundreds of kids. It was the organisation and care taken by veterans to bring together other veterans. I'm sure it assisted my father upon his return from the First World War.

As a child of a war veteran, and as a post war child, you never gave it a thought to the difficult

times of post war years – the recycling of paper bags, clothes and other reusable items, the conservation of water and fuel, and being totally self-sufficient. It wasn't until later years that I got to understand the side effects of war.

My father displayed obvious signs of PTSD, but it wasn't until Len (my husband) came back from the Vietnam conflict that I truly understand the concept and implications. It was through Legacy that Len found some sort of 'resolve'. He would quite often say that he was *off to chew the fat* with other veterans.

I would help Len with widows when required and went to the kid's camps. Len and I have always been involved in some sort of voluntary work, so it seemed natural for me to gather the moss and volunteer to chair the Lillies when it was set up in September 2015. As the saying goes, *the time is right*.





Join Legacy to celebrate our

# 90TH ANNIVERSARY

Saturday 16 June 2018  
Crown Ballroom, Burswood

Legacy WA was founded in 1928; the same year the first solo flight from England to Australia was completed; and Stanley Bruce was the Prime Minister.

Join us for a trip down memory lane as we travel through the years looking back at the work of Legacy here in WA and where we see ourselves in the years to come.

Celebrating all that Legacy WA has achieved in it's first 90 years, we will be aiming to raise \$50k for an education trust fund, to ensure the future for our future, our Legacy Children, is a bright one.

For more information call (08) 9486 4900 or  
Email [events@PerthLegacy.com.au](mailto:events@PerthLegacy.com.au)

## TICKETS ON SALE 3 APRIL 2018



## The Unit Guide The Australian Army 1939 - 1945

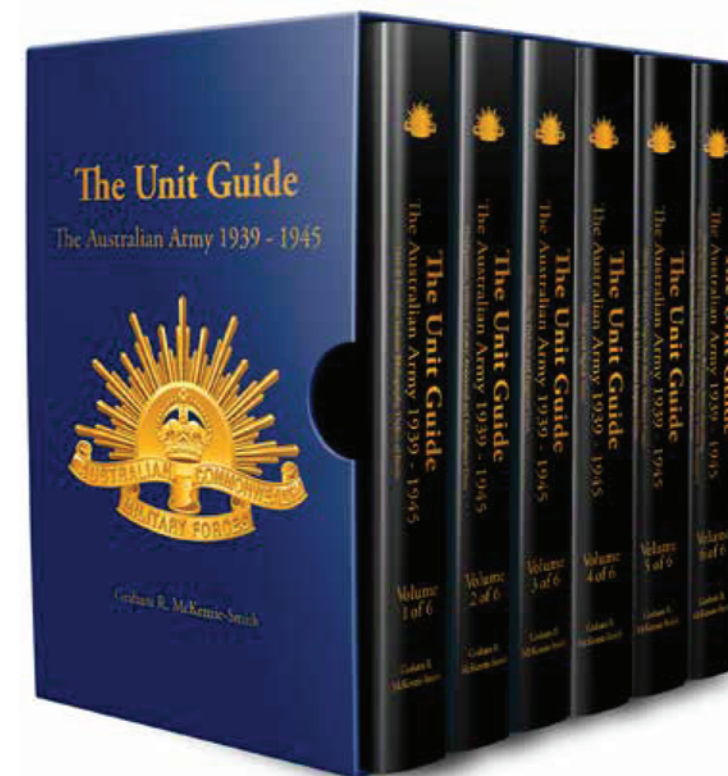
### About the Book

Over 725,000 Australian men and women joined the Australian Army in World War Two and served in one or more of the 5,700 separate units which were formed in the AIF and AMF. As well as the infantry, armour and artillery there were engineer, forestry, farming, transport, workshop, medical, survey, dental, postal, records and war graves units, as well as butchers, bakers and leave train cooking sections. Only 409 (7%) of these units have any published unit history and until now the descendants of these proud servicemen and women have had nowhere to go to find out what their ancestor did during the war.

The Unit Guide, in a six volume boxed set, sets out to fill this gap with more than 5,500 profiles of units in the Australian Army during the war (which between them had over 13,700 unit names). Each profile covers what is known of the unit's formation, role, organisation, movements, operations and place in the Army's hierarchy, including references to the unit's War Diary at the Australian War Memorial and an extensive Bibliography. Further, there are ORBATS (Orders of Battle) for most of Australia's significant campaigns or locations defended by Australian troops – such as the defence of NSW (Feb 1942), the Siege of Tobruk, the 'Bird' forces captured by the Japanese, units on the Kokoda Trail, operations in Borneo, and the British Commonwealth Occupation Force (Apr 1946) which will be invaluable to military historians and researchers. It is user friendly with comprehensive indexes designed for readers without a military background.

In his Foreword, Lieutenant General Angus Campbell (Chief of Army) says, 'There is a place for The Unit Guide on the shelves of all secondary school, local and state libraries, RSLs (where people go to research their ancestors' activities during WWII), on genealogists' and military historians' shelves, and among the great history collections of this country.'

Big Sky Publishing is proud to present The Unit Guide which stands among the most committed and detailed research yet produced on the Australian Army; a reference work without peer that will assist military historians, researchers, genealogists, history buffs and most importantly the general public to navigate their way through the history of a large and complex organisation.



### About the Author

Graham McKenzie-Smith is a retired Forester who has been researching Australia's military history since his early career in Papua New Guinea. The thirty five years of research behind the The Unit Guide saw Graham examine all unit War Diaries at AWM and many other sources to ensure The Unit Guide is as complete as the data allows. Graham's other books include the Australia's Forgotten Army series and books on the defence of WA and Army Engineers in WA. He is a long standing member of the Military Historical Society of Australia and a regular contributor to Sabretache and other military and forestry history publications.

### Key Selling Points:

- First detailed account of Australian Units in World War Two.
- Among the most committed and detailed research yet produced on the Australian Army
- Foreword by the Chief of Army.

|                    |                           |
|--------------------|---------------------------|
| Author:            | Graham R. McKenzie-Smith  |
| ISBN:              | 978-1-925675-14-6         |
| Publisher:         | Big Sky Publishing        |
| Release date:      | March 2018                |
| Format:            | Hardback C format Box Set |
| Pages:             | Six Volumes 3,000 pages   |
| Price (incl. GST): | \$209.99                  |

**Publisher – Big Sky Publishing**  
PO Box 303, Newport, NSW, 2106  
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T: 1300 364 611 F: (02) 9918 2396

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10 Apollo St, Warriewood, NSW, 2102  
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# Bowls WA to Leave a Lasting Legacy

Following on from a hugely successful maiden year of an official partnership between Bowls WA and Legacy WA in 2017, raising more than \$13,000, 2018 is shaping up to be huge with 'Bowls WA Legacy Week' running from 5-10 March.

The Bowls WA Legacy Week begins at the end of Men's Country Week and sees Pennants continue as normal with individual clubs shaking tins, selling Legacy merchandise and collecting donations from players for participation.

As one of the largest sporting organisations in Western Australia, Bowls WA is made up of 207 bowling clubs with a total of 15,887 members.

The Legacy Open Fours Event of The WA RSL Bowls Section got the ball rolling at the Yokine Bowls club on Friday 19 February. A record number of participants competed and saw \$1,500 donated to Legacy.

President of Yokine Bowling Club and member of the RSL Bowls Section, Phil Griffiths, has been organising his club's 'Legacy Day' for eight years now and was ecstatic with the results.



Yokine RSL and Bowling Club members from left to right Shane Manners, Phil Griffiths, Mike Tuttle, Barry Gartrell and Terry Needs

"I hope to see all clubs across the state get behind this great partnership to support Legacy's ongoing work. If all clubs were involved, just think about the difference we could make," said Phil Griffiths.

The continued support shown from club presidents, secretaries and players demonstrates the generosity of the bowling community to Legacy, an organisation that has touched many bowling club members over the years.



From Left to right:  
Peter Heeney (Perth Legacy President)  
Ken Pride (Bowls WA CEO)  
Kerry Anderson (State President of Bowls WA)

# The Great Honour

Jan Thair from the Rockingham Laurel Club was nominated, and chosen, to be a batonbearer for the Queen's Baton Relay, a tradition that celebrates the Commonwealth's diversity, inspires community pride, and excites people about the world-class festival of sports and culture to come.

The Baton is part way into an epic 388 day journey, through all nations and territories of the Commonwealth carrying a message from Her Majesty, Queen Elizabeth II, which will be read at the official opening of the Games.

Jan was nominated by her peers for her achievements and contributions to the community, which is such a great honour.

The batonbearers first met at the Gary Holland hall to meet one another and be briefed on the day, as well as having their photos taken.

Then, it was onto the bus to make their way to Penguin Island, where they joined the motorcade. Each walker stayed on the bus until they got to their designated area; Jan's area was number 038. When Jan got off the bus she was greeted by family and friends, which she described as lovely.

"After the walk I had more hugs and photos with family and then it was back on a bus in the



**"After the walk I had more hugs and photos with family and then it was back on a bus in the motorcade. It was a magical day and we were made to feel so special,"**



motorcade. It was a magical day and we were made to feel so special," said Jan.

The designated route of the motorcade was Acadia Drive, Shoalwater, then along the Esplanade at Rockingham.

When the walkers had finished, they all got off the bus and went to the stage at Churchill Park, where a big crowd had assembled.



The 'boys' erecting a sign for the local community garden.

## Bridgetown's Grumpy Old Men

Bridgetown's Grumpy Old Men turned that frown upside down to donate \$500 to Legacy WA.

With a number of ex-service members and a committee that appreciates and understands the work of Legacy to keep the promise to the families left behind, it seemed only right to the members of the local Men's Shed to make such a generous donation.

Membership is open to all retired men in the Bridgetown and Greenbushes area and is a place to get together, have a chat, a laugh and do a bit of woodwork. Over the years the shed has seen many new friendships made as well as providing the opportunity to contribute to the local community.

The Shed promotes and supports men's health and have found morning tea is a place for open discussion on various topics including health issues, knowing their comments will be respected. More often than not, men with similar experiences will share their experiences with the group.

Long Live Men's Sheds.

**The Shed is open Monday, Tuesday and Thursday from 8am -12pm.**  
**Contact Terry Linz on 0419856883**  
**The address is 22 Pioneer St Bridgetown.**

*The Shed promotes and supports men's health and have found morning tea is a place for open discussion on various topics including health issues, knowing their comments will be respected.*

The Bridgetown RSL was responsible for starting the local Men's Shed in 2006, which was later incorporated, with members calling themselves Bridgetown's Grumpy Old Men.

# REGIS AGED CARE THE SUPPORT YOU NEED

Regis offers aged care facilities in Como, Embleton, Greenmount, Nedlands, North Fremantle and Bunbury.

We also offer retirement living and day therapy at our Nedlands site.

**NOW OFFERING 10% DISCOUNT ON REFUNDABLE ACCOMMODATION DEPOSITS TO ALL LEGACY ADMISSIONS**



For more information or for a personalised tour of one of our facilities contact Regis  
 1300 998 100 | [www.regis.com.au](http://www.regis.com.au)



# Legacy WA Annual Children's Camp Busselton 2018

Once again Legacy in Western Australia hosted over 70 children from across Australia and New Zealand at the annual children's camp Busselton, from 4 – 14 January 2018.

Camp goers were aged between seven and 17. One of the best things about this camp is that one of the most important rules is to have FUN!

Over the course of ten days the children enjoyed fun and challenging activities such as horse riding, a high ropes course, a visit to Simmo's Ice creamery, swimming, boating, fishing, indoor trampolining, dress-up night, Simmo's Ice cream, quiz night, skits, *Chaos Night*, first aid training, *survival* for the seniors, Simmo's Icecream, Xscape at the Cape water park, and... oh, did I mention Simmo's Ice cream?

The camp continues to be well supported by the Australian Defence Force, who provided equipment, catering and

personnel for the duration of the camp, as well as lots of Physical Training (thank you Sally!).



By providing the opportunity for educational, physical and personal growth as well as to create lasting memories and friendships, these Legacy juniors have valuable skills they'll use throughout their lives and ensures that they know that they are not alone.

Camp chairman John Murphy, who has attended about eight legacy camps, said camp-goers were immersed with like-minded peers and this has often led to lifelong friendships forming.

Former camper Kirstie Morrison attended her first Legacy camp

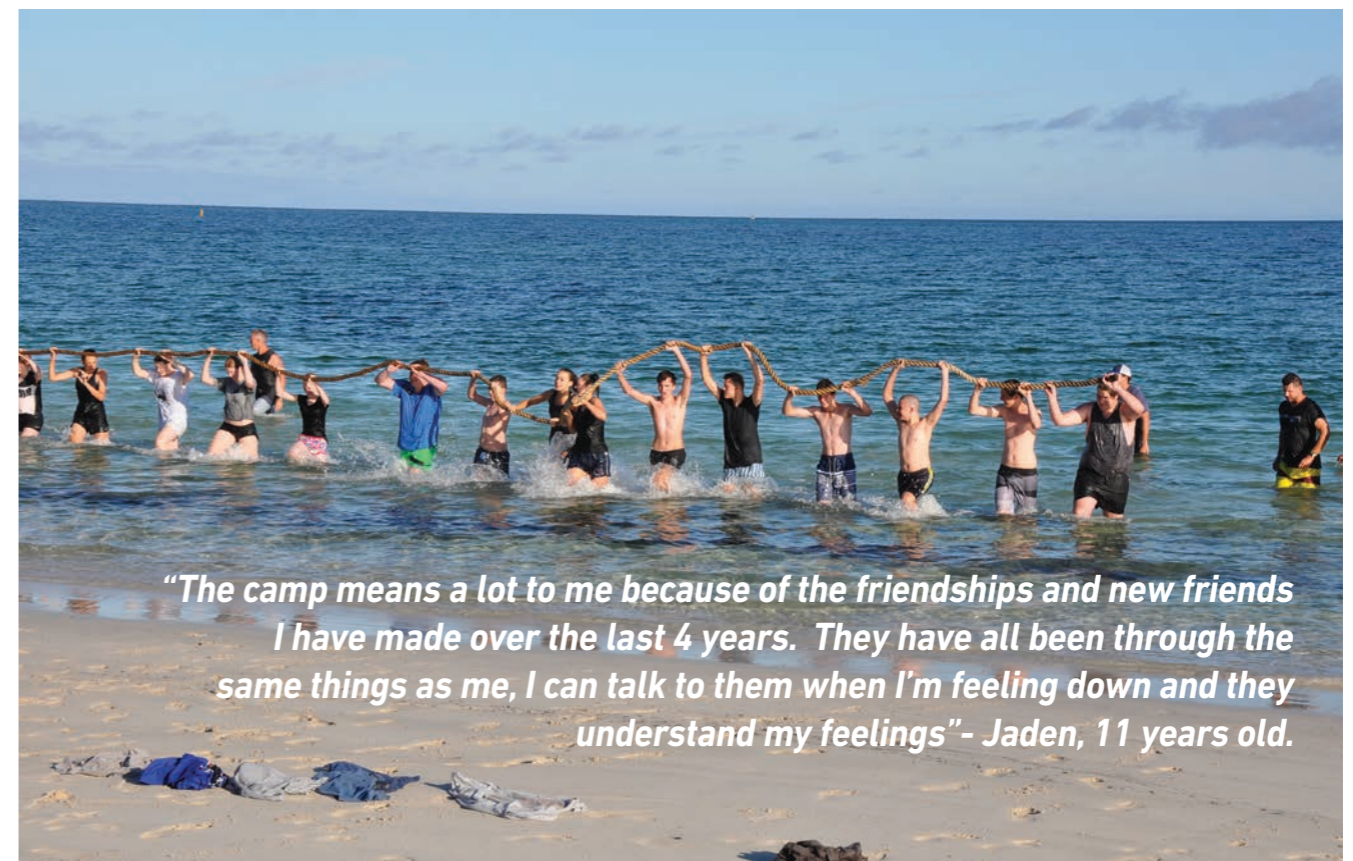
at just five years old, visiting every year until she was 18. The now 21-year-old returned to Busselton this year, as a camp leader.

"The camp helped me so much when I was a kid. I wanted to give back and help others have a great experience." said Kirstie.

"It's your second family here. You have that connection forever."

Kids and supervisors alike had a great time and everyone is already looking forward to doing it all again next year.

***"This camp has shown me to move forward with my life, it has given me the opportunity to challenge my worst fears, I got through it, and discovered what you have given me, memories with people who are the same as me" – Beau, 17 years old.***



***"The camp means a lot to me because of the friendships and new friends I have made over the last 4 years. They have all been through the same things as me, I can talk to them when I'm feeling down and they understand my feelings"- Jaden, 11 years old.***





# Junior Legacy's Annual Funcats Day

On Sunday 11 February Junior Legacy hosted the annual Funcats and BBQ Day at the South Perth foreshore. The event was well attended with over 70 people including Legacy children, parents/guardians and 2018 Busselton Camp Supervisors and volunteers.

The water, sun and fair breeze provided a perfect day for sailing the mini catamarans, with the kids (and a few big kids) forming their own river-regatta between South Perth and Elizabeth Quay. Following the morning of sailing, the group enjoyed a BBQ and essential visit from the ice-cream man!

Junior Legacy would like to thank all who attended and are looking forward to the next Junior Legacy event and catch-up.

*Legatee Peter Emmett  
Chairman – Junior Legacy Committee*



# LEGACY



# LEGACY WA GOLF DAY 2018

**FRIDAY 24 AUGUST**

**JOONDALUP RESORT**

To register your interest contact the fundraising team on (08) 9486 4900 or email [events@perthlegacy.com.au](mailto:events@perthlegacy.com.au)

# Nashos WA Reunion

On Saturday 2 June the National servicemen in the Nashos WA Group will be holding their mid-year reunion in the dining area of the Gosnell's Hotel, marking 10 years as a group.

The group formed in 2008 with only five members. Today, the Nashos have a growing membership with half of their members spread throughout different states across Australia.

Any former Nashos and their partners are more than welcome to join the celebrations.

Any ex Nashos wishing to find out more information please phone (08) 9497 9879 or 0402 576 086 or email [nashoswa71@gmail.com](mailto:nashoswa71@gmail.com).

We are currently saving our National service history in platoon or section photos

So if you have any images to share please get in contact.



To view the images we have been successful in saving visit [www.wanashos.wikidot.com/](http://www.wanashos.wikidot.com/).

## 2018 Camp Dates

|        |                         |                             |
|--------|-------------------------|-----------------------------|
| Camp 3 | Fri 27 April- Tue 8 May | Betty Rochford              |
| Camp 4 | Fri 12- Tue 23 October  | Gae Donaldson/Madge Haworth |
| Camp 5 | Fri 9- Tue 20 November  | Barbara Kiellor             |

## 2019 Camp Dates

|        |                         |                  |
|--------|-------------------------|------------------|
| Camp 1 | Fri 15- Tue 26 February | Yvonne Cocker    |
| Camp 2 | Fri 15-Tue 26 March     | Rosemary Ricetti |

# Legacy Holiday Camp

## Application to attend Legacy Holiday Camp Busselton

Please complete and return to:

Legacy Holiday Camp Busselton

128 Caves Road

Siesta Park WA 6280

[legacycamp@bigpond.com](mailto:legacycamp@bigpond.com)

| Camp Details  |             |                 |
|---|-------------|-----------------|
| Holiday Camp no.:   | From:       | To:             |
| Your Details  |             |                 |
| Surname:  | First name: | Preferred name: |
| Address:  |             |                 |
| Suburb:   | State:      | Postcode:       |
| Phone no.:  | Mobile no.: |                 |
| Email:  |             |                 |
| Next of Kin   |             |                 |
| Surname:  | First name: | Phone no.:      |
| Address:  |             |                 |
| Suburb:   | State:      | Postcode:       |
| Name of family doctor:  |             | Phone no.:      |
| Other requirements  |             |                 |
| Do you require a commode, walker or gofer during the camp? Please indicate below:   |             |                 |
|   |             |                 |
|   |             |                 |
|   |             |                 |
| *Please note there are limited supplies of these items at the Legacy Holiday Camp and any aids MUST be requested at the time of booking to ensure that your needs are met and arrangements can be made to secure these items for you. |             |                 |

# Legacy Holiday Camp

## Private Transport

Please Circle:

YES/NO

If YES please provide your vehicle registration number: \_\_\_\_\_

## Bus Information

### TransWA

If you wish to travel with TransWA using your free travel pass you will need to arrange your own booking. Please advise the Legacy holiday camp on (08) 9755 4530 or 0429 293 316 of your travel itinerary in order for Busselton pick up to be arranged.

If you are a Gold Card holder arrangements can be made on your behalf. Please provide the following details so these arrangements can be made.

Pension Card no.: \_\_\_\_\_

Gold Card no.: \_\_\_\_\_ Expiry date: \_\_\_/\_\_\_/\_\_\_

Please circle time preference:

### South West Coach Lines- Daily

|   | Morning Route | Afternoon Route |
|---|---------------|-----------------|
| Perth Elizabeth Quay Busport                  | 7:30am        | 1:20pm          |
| Perth Airport- Domestic Terminal (T3/T4)      | 8:00am        | 1:50pm          |
| Perth Airport- International Terminal (T1/T2) | 8:10am        | 2:05pm          |
| Cockburn Central Station                      | 8:40am        | 2:35pm          |
| Pinjarra Road Interchange                     | 9:15am        | No Service      |
| Bunbury Bus Station                           | 10:30am       | 4:25pm          |
| Busselton Terminal                            | 11:15am       | 5:20pm          |

### Return Journey

|   | Morning Route | Afternoon Route |
|---|---------------|-----------------|
| Busselton                                     | 7:40am        | 1:00pm          |
| Bunbury Bus Station                           | 8:30am        | 1:50pm          |
| Cockburn Central Station                      | 10:20am       | 3:45pm          |
| Perth Airport- International Terminal (T1/T2) | 11:05am       | 4:15pm          |
| Perth Airport- Domestic Terminal (T3/T4)      | 11:20am       | 4:30pm          |
| Perth Elizabeth Quay Busport                  | 11:45am       | 5:00pm          |

Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

## 45TH LEGACY MILITARIA AUCTION

Sunday 15 April 2018

10am onwards

Claremont Showground, Wattle Room

Featuring weapons, badges, uniforms, medals, books and military memorabilia

### Viewing

Saturday 14 April: 10am-4pm

Sunday 15 April: 9-10am

### Item Drop Off

Items to be delivered directly to the Wattle Room on

Monday 9 and Tuesday 10 April

Please contact John Burrige on 0417 189 883 or email [john@bma.com.au](mailto:john@bma.com.au) for more information



## April Badge Day 2018

18 April- Perth CBD collection

20/21/22 April- Bunnings and shopping centre collection

If you would like to get involved as a volunteer please contact the fundraising team on (08)9486 4900 or email [events@perthlegacy.com.au](mailto:events@perthlegacy.com.au)

## Mrs Dulcie Barr turns 100

On 25 January 2018, Mrs Dulcie Barr celebrated her 100<sup>th</sup> Birthday.

Mrs Barr was born in York and lived there in her early years where she tended to the graves at the town cemetery. She also remembers from her time in York, walking the long distance from Mount Brown to Mount Hardey.

In later life she had two children and became a member of the Legacy family. She attended the South Perth Laurel Club meetings and went to the Busselton Holiday Camp, until age and mobility slowed her down.

Mrs Barr lives in a nursing home and enjoys both the place and the people there. Her secret to a long life is, "don't give up".

It was a pleasure to wish her a happy birthday and many happy returns on her big day.

*Legatee David Durant*



## Happy 100<sup>th</sup> Birthday Mrs Marie Shehan

Creagh and Lois visited Mrs Marie Shehan for her 100<sup>th</sup> birthday. In great health, Marie is a very switched on lady who does not need glasses or hearing aids and can get around quite easily.

She lives with her daughter, and her neighbours of 30 years who often come over for a visit and look out for her.

Marie and her daughter were off to her nephew's place in Bicton to celebrate. She is a very popular lady and in between all the visitors and phone calls, Creagh and Lois were able to have some interesting conversations.

Her husband was a Wing Commander in the RAAF prior to WWII and was medically discharged in the 1950's. Originally from Merriden they had pubs in Sydney and they came back to Perth in the 1970's.

Marie was most happy to have Legacy visit, she is in good nick and looking forward to many more happy days.



## Geraldton Laurel Club

Our Geraldton Laurel Ladies all met again on Monday 5 February after having enjoyed the benefits of the festive season and surviving the brutal summer winds that Geraldton has had on offer the past few months.

We all met at the Wonthella Bowling club for our Christmas lunch on Monday 4 December 2017. This was a break from a long tradition where the lunch was always held at our meeting venue. Breaking tradition can sometimes be a bit "dodgy" but on this occasion the courage was worth it, with all unanimous in their agreement that this was the best Christmas lunch. Judging by the empty plates and platters, the menu spoke for itself – delicious and scrumptious. Credit goes to our caterers who we thank very much.

The empty chairs pictured are as a result of the line-up at the buffet or perhaps one or two or three ladies lining up at the bar for a top-up.

On behalf of Geraldton Laurels, I take the opportunity in this issue to express our warmest thanks and heartfelt appreciation to Legacy for generously funding the event. To say the least, we certainly would like to think we can do it all again in Christmas 2018...god willing.

**Our Melbourne Cup Sweep winners were as follows; in first place with Rekindling, Mollie Clark, with second place going to Johannes Vermeer, Dulcie Valenti and drawing up in third place was Max Almighty, Betty Ford.**

In true womanly style the winners galloped off to

find a couple of bargains worthy of their new found fortune, well done girls.

Our very young Millie Read turns 90, or will have turned 90 by the time we are all reading this. Congratulations to Millie and a very happy birthday to you. We also have Kath Young turning 85 and Colleen Kennedy having a birthday but keeping it a secret.

And of course we wish a very happy birthday to each and all who might be celebrating or having celebrated a birthday recently.

Some little quotes that may bring a smile:

**"Giving relationship advice is like making a booking on the Titanic"**

Can we all relate to this...mmmm... I think so!

And to finish...

**"The best music is played when the harp and fiddle come together"**

Ooooooh... the memories...Mmmmmmm

We are having our AGM on the 5 March followed by a fish & chip lunch (a happy snap or two will be in the next issue).

Until we read again, best wishes to all our dear Laurels in whatever their adventure may be. Stay safe and well.

*Barb Duncan  
Publicity Officer, Geraldton*



## Bunbury Laurel Club

The year is certainly going by quickly - we are almost into autumn.

We are looking forward to seeing all the country ladies at the annual picnic.

Our next meeting is the 1 March where we are going out to coffee.

Best wishes to all our fellow Laurel Club members for a healthy and happy 2018.

*Beryl Winning  
Secretary*

## Fremantle Laurel Club

And so went our 2017 year very well, ending with our in-house catered Christmas party celebration for thirty of our members.

Along with our Laurel ladies, our special guests included Fremantle Legacy President, Arthur Peters, Treasurer, David Cornell and his wife (who most generously provided exquisite floral decorations for the tables), Alan Leibers and Jane, plus others. A most happy, enjoyable time was had by all.

The climax, of course, was the Christmas Jingle held at the Crown Towers Ballroom on Monday 11 December 2017. It was obvious that everyone not only enjoyed the celebration whilst intermingling and catching up with old friends, but also satisfying their appetites. This all contributed to the success of the truly vibrant Jingle. If the 2018 Jingle could live up to the last two then they should not be missed by our WA family of Laurel ladies.

At Fremantle, we have already had a couple of our fortnightly Tuesday meetings, as is our usual

practice. Our social program for 2018 has been presented to our Laurel ladies and on Tuesday 28 February, our luncheon party will be held to welcome in 2018.

On Thursday 11 January, I received a very sad yet not unexpected call from member Marie Grant to inform me that Laurel lady and our dear friend, Julie (Julia) Cook, had passed away. Julie had been a very long standing, most popular and caring lady. She was always willing to help out others whenever she could and never uttered an unkind word or opinion about anyone. She was always positive in her outlook. All at Fremantle will miss Julie and our sincere condolences go to her family and many friends.

In closing, all at Fremantle wish everyone connected with Legacy a healthy, happy and prosperous 2018.

*Margaret Carbon  
Social Secretary*

## Northern Districts Laurel Club

President Lorna welcomed members to the first meeting for 2018. We are missing a few members due to illness and we wish them a speedy recovery.

Seventeen members enjoyed an outing to Hillarys Marina on 7 February with fish and chips for lunch, and a look around before returning home.

Our next outing is 7 March to Sculptures by the Sea, Cottesloe Beach.

Plans are in hand for our 30<sup>th</sup> Birthday celebration in April.

We wish all members everywhere a very happy and healthy 2018.

God bless you all.

*Sue Jarvis*

## Perth Laurel Club

Happy New Year to everyone. I hope you all had the very best time over the Christmas and New Year holidays, and feel refreshed for the year ahead.

We had our first meeting on 9 February when we welcomed a new member, Dorothy Smith. We all hope you will enjoy our meetings, Dorothy.

On opening the recent Legacy Times, it was a surprise to see two of our ladies pictured, and looking very glamorous too. They both confessed to thinking that the faces looked vaguely familiar, but were not too sure who they were!

We have one or two ladies who will be celebrating their 90<sup>th</sup> birthdays this year. I am sure that Legacy is keeping us young at heart and helping us to live longer and happier.

Best wishes to all.

*Audrey Ridout  
Secretary*

## Rockingham Laurel Club

Greetings to all Laurel Club members.

We hope you enjoyed the Christmas Jingle as much as we did, especially the gift bags that were given to all. Thank you to all Legatees who attended and to the Crown Casino staff for attending to our needs.

We trust you were able to spend and enjoy Christmas with family and friends and look forward to what 2018 has to offer.

The members who attended the recent picnic at Bell's Park came up with some good ideas for outings for the coming year. We discussed these ideas at our first official meeting on 1 February and it seems we are going to have another busy year. Our president is busy seeking out and booking the most popular choices.

We welcome Betty, a new member to our club, and hope she enjoys the outings to come.

During morning tea, after our meeting, Jessica and Emily from Perth Legacy joined us and went around to each table to answer questions and pass on information to our members. Thank you ladies for keeping us up to date, it was lovely to have your input.

We hope to see members from various clubs at the Busselton Picnic, to enjoy a day by the beach.

As the year rolls on we will have more news from our club. In the meantime we wish you good health and happy days to enjoy.

*Jan Firth  
Secretary*



Olive Wilkinson and Maria Brown (President)



Verna Carey, Margaret Carbon and Dorothy Quinn



Beryl Messenger and Peggy McNamara

## Midland and Districts Laurel Club

Hello to all our fellow members and Legatees. We had our first meeting for the year on 7 February 2018 where we welcomed one new member. We caught up with all the news from fellow members, discussed upcoming trips and events for the year, and how much we enjoyed the Christmas Jingle. The meeting closed with our usual laugh jokes and a cuppa.

We had a most enjoyable outing on 20 February for lunch at the El Caballo Roadhouse where there was a good selection of reasonably priced meals and very helpful and friendly staff. Then, courtesy of El Caballo Blanca Resort, we drove around to see the

golf course and adjacent lifestyle village. We then had a pleasant drive back to Midland courtesy of our ever patient Legatee, Steve.

Three of our members are off to the Legacy Holiday Camp in March for the Widows Picnic; from personal experience, I know they will have a great holiday.

Our next meeting is on Wednesday 7 March at 1pm and all old and new members are welcome.

Best wishes to all as we look forward to catching up with you in the future.

*Lilian Cottingham*  
Midland and Districts Laurel Club Member

## Legacy Lillies

We started the year with a get together at Cheral's place; thank you Cheral for opening up your place to the Lillies once again. I believe there was a lot of ash from the fires landing in the pool!

We continually learn about each other at every get together. It was my turn to order drinks at Dome, East Fremantle. In my mind it was Flat White or Cappuccino. However, this is what it looked like; Dirty Chai Shot of Espresso, English Breakfast Tea, Orange Juice, Long Skinny Cappuccino, Mango Fandango, Spearmint Milkshake and Diet Coke.

It was really great to see our Lillies represented at the Widows Picnic.

We have welcomed new members: Pamela (Kaye) Batchelor, Angela Brient, Shirley Coffey, Lorna Fermaner, Linda Hill, Janette Kelly, Antonia (Nina) Larkin and Patricia (Tricia) Smith.

Jessamy is off on another trek to the Nakasendo Trail, South Island of Japan. Trina and Cheral are on their second trip, other members have booked holidays overseas and to Bali. It is hard to keep track.

Thanks to Marj Backs, our polling officer for receiving our committee nominations. Here is the 2018 committee members:

Chair: Georgina Hall  
Secretary: Pam Deveson  
Treasurer: Cheral Harman

Both Suzy Haviland, our Events Coordinator, and Trina Blum, the Lillies Social Media Administrator, retired this year.

Suzy has been with the Lillies from day one and didn't hesitate to offer to commit to assisting

setting up the group. A big thank you to Suzy for three years of hard work. This can be an arduous job and Suzy has covered all bases, so we have been able to visit a variety of places.

Trina came on board two year ago, and has set up and administered our Facebook page. Thank you Trina for the time dedicated to the Lillies.

If you would like to have a go at joining us and assisting with one of these positions, then please email ladyhall3@bigpond.com or text 0409 845 770.

Due to re-elections and not having an events coordinator, the **'Legacy talk' meeting scheduled for March has been deferred.**

Keep in mind the following dates:

- 8<sup>th</sup> April at Bada Bing Café Woodlands
- 6<sup>th</sup> May Mason Mills Garden
- BUSSELTON CAMP 22<sup>nd</sup> May to 27<sup>th</sup> May

*Georgina Hall*  
President



## Floreat Laurel Club

Naturally, during the Christmas period there is very little to report. In recent months we have welcomed some new members and we hope they enjoy their time with us.

Once again, many thanks to Laurie and his wife Lyn; Laurie is a wonderful Legatee and keeps us in touch with everything at headquarters. He arranged for us to have the use of a large Perth transport bus to take us to and from the Jingle last December, which was very helpful, as a number of our members rely on walkers to be mobile.

As always the Jingle was most enjoyable. A big thank you should go to the Stan Perron Foundation and Mr Andrew Forest's Minderoo Foundation.

We sincerely thank Kit and Judy for the years they were in office, their services were greatly accepted.

I wish you all a Happy New Year, may it be a peaceful year for all of us here in Australia.

Best wishes.  
*Joan Mitchell*  
President

## Menora Laurel Club

Hello to all Laurel Club members; I hope this year finds you well and happy.

We meet the first Wednesday of the month at 15 Plantation St, Menora. Meetings start at 10am, although most of us gather earlier to have a cuppa and a biscuit, as well as a natter.

We all enjoyed the Christmas Jingle last year, the

food and the company was excellent and the venue is brilliant.

We had our Christmas breakup lunch at the Morley Ale House and all enjoyed it very much.

*Jan McLeod*  
President

## Vasse Laurel Club

Greetings from beautiful Busselton.

Firstly, we wish a belated welcome to our very own Legatee, Angie Stoll. With 2018 well underway it's almost time for the annual South West Legacy Widows Picnic. Ladies please remember to wear something red.

The club's next scheduled outing is in May for a scrumptious morning tea.

Our microphone is certainly an asset, so I urge all members to attend our monthly meetings.

Count your blessings

*Suzanne Ozolins*  
President

## Kalamunda and Districts Laurel Club

Greetings to all members, and best wishes for a happy and healthy new year.

Our many thanks go to the organisers of the Jingle as it was so good to see so many ladies who had a most enjoyable day.

Our Christmas dinner was at the Pagoda, which finished off a busy year. Our next outing is to catch the ferry from Elizabeth Quay for a lunch time cruise to Fremantle.

Our club meetings are held at the Jack Healy

centre in Kalamunda on the third Friday of each month. In February we will be welcoming two new members Annette Twist and Hazel Atkins. Any other ladies from the district who is eligible to join Legacy we would love to hear from you.

With contributions from family and friends over Christmas period we now have a large parcel of stamps to send to Perth Legacy, all for a good cause.

*Angela Waters*  
Secretary

## South Perth Laurel Club

Happy New Year to all Laurel ladies, and may 2018 be a prosperous year for all.

We had a great time at the Christmas Jingle with great company and food. It was such a nice opportunity to catch up with old friends and mingle with new friendly faces.

Our most recent meeting was Thursday 8 February at the South Perth Senior Citizens Centre where we celebrated a number of birthdays with some cake and a few raffles.

We would like to extend a heartfelt thank you to the centre for providing us with not only the space to hold our meetings, but the many cuppas we go through throughout the morning.

Warm wishes to all.

*Cecelia Batt*  
President



*The South Perth Laurel Ladies celebrating Norma Laycock's birthday.*

## Gosnells Laurel Club

Best wishes and New Year greetings to all Legacy members and Clubs.

Well, 2017 has flashed past, despite all the doom and gloom, politics and financial woes. Let's hope this year will be a tad calmer?

The highlight of the year was of course the Christmas Jingle. We all enjoyed the day very much. Many thanks to Legacy, Crown and all sponsors involved. The transport that was organised for us on the day was very much appreciated by all.

In April, Carmel and I sold Legacy badges at Carousel with limited result because of the construction disruption. We are hoping for better luck for this April's badge collection.

The club meets every second and fourth

Wednesday at the Gosnells Football Club. The middle Wednesday sees us ladies have a lunch date at one of the many venues in our locality.

When we are not busy on our lunch dates, we have guest speakers, musical entertainment, the occasional game of bingo or just socialise.

Our president has been unwell for the latter part of last year; our Vice President, Joan is holding the fort very well.

We had a visit from a DVA representative which was very informative and actually quite entertaining. Hopefully we will have a few more ladies join our club as there are a few potentials.

Best wishes again from Gosnells Laurel Club.

*Rosemary Cleary*  
Secretary

*The Gosnells Laurel ladies enjoying a cuppa and lunch after their meeting.*



## Phone Scams and YOU

Helping our widows avoid falling victim to scams is an important priority. We'd like to make you aware of a current phone scam targeting Australians.

The scam involves a caller posing as an employee of a large telephone company, utility provider or computer company. The caller will usually advise that they are calling you because your PC has malicious software, that help is needed to catch a criminal, or to recover an outstanding debt owed by you to a government body. Callers may become quite aggressive, or threaten you with prosecution if you do not comply with their request.

We strongly recommend you simply **hang up** if you receive this type of call. If you believe the call was legitimate, we recommend you return the call to the company on a trusted number found in the yellow pages or on the company's website.

### How this type of scam works:

1. The caller will generally ask you to install a piece of software onto your computer. The technical name is 'remote access software' and this software allows information, or even control of your computer to be shared remotely with another user. Once the software is installed, the other user may attempt to control your computer without your permission or knowledge.
2. The caller will ask you to sign into your online banking to check your account balances, return deposited funds, pay a fee for their service or even purchase gift cards. At this point, you may not know that the caller is controlling your computer.
3. You will now have an increased balance in your transaction account, giving the false impression that a deposit has been made. Callers will generally ask you to return these via online banking, a money transfer agent, or in cash.
4. Before making any payments or returning funds to the caller by online banking, credit card, or in cash, please thoroughly check all of your account transactions, including your credit cards. In reported cases of these scams, customers have had funds transferred unknowingly between their own accounts by the caller.

### What should I do?

Share information about these types of scams with your friends and family, especially those who may be more vulnerable to this type of crime.

Stop and consider the caller's request - would the company which has contacted me ask me to do this? It's OK to ask for a second opinion from a friend or family member if someone contacts you unexpectedly, especially when the caller asks you to keep this a secret from anyone.

Register for Government alert services like [staysmartonline.com.au](http://staysmartonline.com.au) to keep up to date with current scams.



## Recipes

### Emily's Spinach and Corn Pasties

#### INGREDIENTS

- 1 Tablespoon oil
- 2 medium potatoes, diced
- 1 small onion, finely chopped
- 2 x 310g cans creamed corn
- 250g frozen spinach, thawed and drained
- 60g crumbled feta
- 3 sheets ready-rolled puff pastry
- 2 Tablespoons milk
- Sea salt, sesame seeds or grated parmesan for sprinkling
- Salad and sweet chilli sauce, to serve

1. Heat oven to 200° C and line two oven trays with baking paper.
2. Heat oil in a large frying pan on high. Sauté potato for 4-5 minutes until lightly browned. Add onion and sauté for a further 2-3 minutes, until tender.
3. Transfer potato mixture to a bowl. Add corn, spinach and feta, and season to taste.
4. Cut pastry sheets in quarters, diagonally. Divide filling among triangles, placing on one side. Fold pastry in half to enclose filling, pressing edges with a fork to seal.
5. Place on trays. Brush with a little milk and sprinkle with salt, sesame or parmesan. Bake for 25-30 minutes until puffed and golden. Serve with salad and sweet chilli.

Source: [taste.com.au](http://taste.com.au)

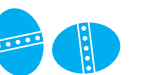
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#### Happy Easter

Bunny  
Chocolate  
Basket  
Egg Hunt  
Easter Sunday  
Chicks  
Hot Cross Buns

Good Friday  
Tradition  
Celebration  
Holidays  
Bilby  
Ducklings  
April

Hope  
Lamb  
Family  
Rabbit  
Jelly Beans  
Happy Easter



If you have recipes or anything of interest you'd like to be included in your Winter newsletter, please send them our way either by email ([marketing@perthlegacy.com.au](mailto:marketing@perthlegacy.com.au)) or by post to: PO Box 1983, West Perth WA 6872 by the 2 May 2018.



## Brianna's story

In 2002, when I was in grade one my Dad was diagnosed with early onset dementia, due to a military related concussion.

My dad, Richard Anderson, had served in the Australian Army for 21 years including four years with the SAS, before joining the Police Service.

It was really hard on my five siblings and me, but especially on my mum Margaret. Sometimes he would do things like turn the taps on and flood the floors. Dad lost his speech very early and couldn't remember or say our names.

When his condition worsened in 2007 he was moved to a nursing home and Legacy stepped in to support my sister Rachael and me with our schooling. I spent my weekends visiting him at the nursing home, feeding him his lunch in his favourite recliner chair.

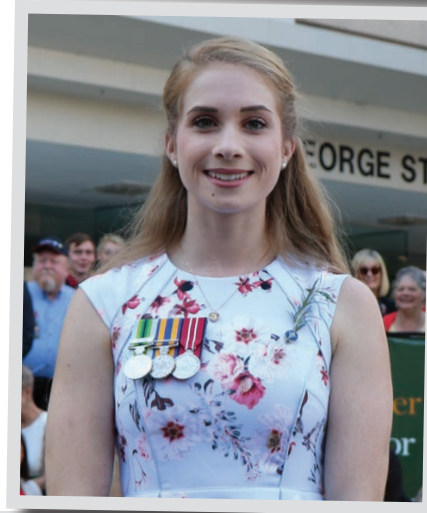
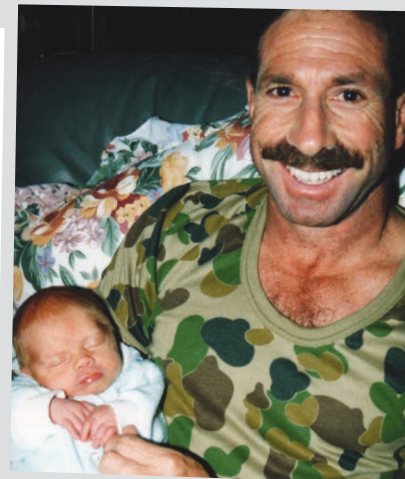
When I was 17, my Dad passed away after a long battle with dementia. Three years on, the pain is still raw. It hurts to know that I won't have my dad there to walk me down the aisle on my wedding day, and that he won't be able to meet my future children. I don't remember my outgoing, sporty and fun-loving Dad before dementia ruined his life.

Legacy has always been a shining light in dark times. Going to Legacy camps meant I could meet and forge lifelong friendships with kids in similar circumstances. I am now 21 and am studying a dual degree in Nursing and Paramedic Science, with Legacy supporting me. I know they'll be there for me all the way.

I sincerely thank the wonderful people who support Legacy and make things like this happen.

*Richard Anderson*

*Brianna Anderson*



### Yes, I would like to support Legacy and help keep the promise

I do not need a receipt

**Please accept my donation of**

\$10     \$20     \$50    Other: \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_

Post Code: \_\_\_\_\_

**Please accept my payment:**

Cheque (made payable to Torchbearers for Legacy in WA)

Credit card (details below)

Money Order (made payable to Torchbearers for Legacy in WA)

Credit Card Details:

Mastercard     Visa

Card No: \_\_\_\_\_

Name on card: \_\_\_\_\_

Signature: \_\_\_\_\_

Expiry date: \_\_\_\_\_

I do not wish to receive mail from Legacy.

**Donations of \$2 or more are tax deductible.**

**Donate online now - [www.legacyweekappeal.com.au](http://www.legacyweekappeal.com.au)**